

# 2024 Annual Plan

## for the Portland Metro Area I/DD Training Co-operative

Month	Host	Topic	Instructor
January 2024	OTAC / Among Friends, LLC	Jan 24 (1-2:30pm PT) Creating Safer Spaces; Systemic Changes to Better Support and Include Sexual and Gender Minorities	Shanya Luther
	FASCETS Inc.	FASCETS Neurobehavioral Model - supporting individuals with all brain-based differences	Certified Facilitator of the FASCETS Neurobehavioral Model
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity- Affirming Training for Agencies and Professionals In All Fields	Barbara Avila
	Synergy Autism Center	Small Group Consultations for Parents of 19-25 Year Olds	Barbara Avila
	Synergy Autism Center	Small Group Consultations for Parents of 26 Year Olds and Above	Barbara Avila
	Synergy Autism Center	Parent Group for Parents of All Ages, with Autism Society of Oregon	Barbara Avila
	Portland Parks & Recreation	Motivating Autistic Teens & Adults – virtual	Barbara Avila
	The Arc Portland Metro	Adult CPR/First Aid, CPR Instructor's Training	Vicki Smead

<b>February 2024</b>	Among Friends, LLC	Feb 7-9 (9am-4pm PT each day) Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther
	Community Pathways, Inc.	SHARE	Linda Peck Athens
	FASCETS Inc.	FASCETS Neurobehavioral Model - supporting individuals with all brain-based differences	Certified Facilitator of the FASCETS Neurobehavioral Model
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity-Affirming Training for Agencies and Professionals in All Fields	Barbara Avila
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	Synergy Autism Center	Parent Group for Parents of All Ages, with Autism Society of Oregon	Barbara Avila
<b>March 2024</b>	OTAC / Among Friends, LLC	Mar 20 (1-2:30pm PT) Sexual Self-Determination and Supported Decision-Making	Shanya Luther

	FASCETS Inc.	FASCETS Neurobehavioral Model - supporting individuals with all brain-based differences	TBD
	FACT Oregon	IDEA Virtual Summit	TBD
	Portland Parks & Recreation	Caring for yourself - while you care for others – Online March 8	Barbara Avila
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity-Affirming Training for Agencies and Professionals in All Fields	Barbara Avila
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	Synergy Autism Center	Parent Group for Parents of All Ages, with Autism Society of Oregon	Barbara Avila
	The Arc Portland Metro	Adult CPR/First Aid	Vicki Smead
<b>April 2024</b>	Albertina Kerr	Positive Behavior Supports	Ben Treckman
	Among Friends, LLC	Apr 17-19 (9am-4pm PT each day) Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther

	FASCETS Inc.	FASCETS Neurobehavioral Model - supporting individuals with all brain-based differences	Certified Facilitator of the FASCETS Neurobehavioral Model
	Portland Parks & Recreation	Recreation Resource Fair – Free on April 20 at East Portland Community Center	Jane Doyle - Organizer
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
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	Synergy Autism Center	Parent Group for Parents of All Ages, with Autism Society of Oregon	Barbara Avila
<b>May 2024</b>	Among Friends, LLC	May 8-10 (9am-4pm PT each day) Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program - Shanya Luther	Shanya Luther
	OTAC / Among Friends, LLC	May 29 (10-11:30am PT) Digital Desires: Sexuality, Relationships & Technology	Shanya Luther

	Columbia Community Mental Health I/DD Program	TBD	TBD
	FASCETS Inc.	FASCETS Neurobehavioral Model - supporting individuals with all brain-based differences	Certified Facilitator of the FASCETS Neurobehavioral Model
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity-Affirming Training for Agencies and Professionals in All Fields	Barbara Avila
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	The Arc Portland Metro	Adult CPR/First Aid	Vicki Smead
<b>June 2024</b>	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity-Affirming Training for Agencies and Professionals in All Fields	Barbara Avila
	Synergy Autism Center	Small Group Consultations for	Barbara Avila

		Parents of 19-25 Year Olds	
	Synergy Autism Center	Small Group Consultations for Parents of 26 Year Olds and Above	Barbara Avila
	Synergy Autism Center	Parent Group for Parents of All Ages, with Autism Society of Oregon	Barbara Avila
<b>July 2024</b>	Among Friends, LLC	July 10-12 Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther
	OTAC / Among Friends, LLC	July 24 (1-2:30pm PT) Let's Talk About Sex! - For Professionals	Shanya Luther
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity-Affirming Training for Agencies and Professionals in All Fields	Barbara Avila
	Synergy Autism Center	Small Group Consultations for Parents of 19-25 Year Olds	Barbara Avila
	Synergy Autism Center	Small Group Consultations for Parents of 26 Year Olds and Above	Barbara Avila
	Synergy Autism Center	Parent Group for Parents of All Ages, with Autism Society of Oregon	Barbara Avila
	The Arc Portland Metro	Adult CPR/First Aid	Vicki Smead

	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity-Affirming Training for Agencies and Professionals In All Fields, Parent Consultation Groups	Barbara Avila
	Synergy Autism Center	Small Group Consultations for Parents of 19-25 Year Olds	Barbara Avila
	Synergy Autism Center	Small Group Consultations for Parents of 26 Year Olds and Above	Barbara Avila
	Synergy Autism Center	Parent Group for Parents of All Ages, with Autism Society of Oregon	Barbara Avila
<b>September 2024</b>	MaryJo Walworth/Abilities at Work	Brain Functions	Kelly Gordan
	OTAC / Among Friends, LLC	Sept 4 (10-11:30am) From Ally to Advocate; 20 Tips, Tools, and Resources for Supporting a Person's Sexual Health	Shanya Luther
	Among Friends, LLC	Sept. 18-20 Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther
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	Portland Parks & Recreation	TBD	TBD
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	The Arc Portland Metro	CPR, AED, First Aid	Vicki Smead
<b>October 2024</b>	Among Friends, LLC	Oct 16-18 Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther
	FASCETS Inc.	FASCETS Neurobehavioral Model - supporting individuals with all brain-based differences	Certified Facilitator of the FASCETS Neurobehavioral Model
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	Synergy Autism Center	Autism and Neurodiversity-Affirming Training for Agencies and	Barbara Avila



		Professionals in All Fields	
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<b>November 2024</b>	OTAC / Among Friends, LLC	Nov. 6 (1-2:30pm PT) Sex and Medicine; The Imperative for Medical and Mental Health Providers to Address Sex and Sexuality Part One	Shanya Luther
	FASCETS Inc.	FASCETS Neurobehavioral Model - supporting individuals with all brain-based differences	Certified Facilitator of the FASCETS Neurobehavioral Model
	Portland Parks & Recreation	TBD	TBD
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	The Arc Portland Metro	CPR, AED, First Aid	Vicki Smead
<b>December 2024</b>	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
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<b>Federal Holidays (please don't schedule trainings on these days):</b> Monday, January 01, New Year's Day Monday, January 15, Martin Luther King, Jr. Day Monday, February 19, Presidents Day Monday, May 27, Memorial Day Wednesday, June 19, Juneteenth National Independence Day Thursday, July 04, Independence Day Monday, September 02, Labor Day			

Monday, October 14, Columbus Day

Monday, November 11, Veterans Day

Thursday, November 28, Thanksgiving Day (many people will also have Friday, November 29<sup>th</sup> off)

Wednesday, December 25, Christmas Day