

2022 Annual Plan

for the Region 1 I/DD Training Co-operative

Bold = holiday							Host	Topic	Instructor
January 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
						1	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
2	3	4	5	6	7	8	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
9	10	11	12	13	14	15	BECHA	<i>Anxiety and Depression in Youth with Disabilities</i>	Torri Wright Ma.Sped
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	31								
February 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
		1	2	3	4	5	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
6	7	8	9	10	11	12	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
12	14	15	16	17	18	19	Among Friends	<i>Foundations of Sexual Health</i>	Shanya Luther & Co-trainer
20	21	22	23	24	25	26	BECHA	<i>Challenging & Complex Behaviors</i>	Torri Wright Ma.Sped
27	28								
March 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
		1	2	3	4	5	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
6	7	8	9	10	11	12	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
13	14	15	16	17	18	19	Portland Parks and Rec	<i>Dual Diagnoses: MH & I/DD</i>	Lori Olson
20	21	22	23	24	25	26	BECHA	<i>Healthy tips and tricks to ease a stressful environment</i>	Torri Wright Ma.Sped
27	28	29	30	31					
April 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
					1	2	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
3	4	5	6	7	8	9	Among Friends	<i>Digital Desire: Sexuality, Relationships & Technology</i>	Shanya Luther
10	11	12	13	14	15	16	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
17	18	19	20	21	22	23	Up & Out	<i>Collaborative Problem Solving</i>	Randi Cooper, M. Ed
24	25	26	27	28	29	30	BECHA	<i>Poly Vagal – Trauma Informed</i>	Torri Wright Ma.Sped

May 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
1	2	3	4	5	6	7	Columbia Community MHC	<i>I/DD and Mental Health</i>	TBD
8	9	10	11	12	13	14	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
15	16	17	18	19	20	21	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
22	23	24	25	26	27	28	BECHA	<i>Mapping the nervous system</i>	Torri Wright Ma.Sped
29	30	31							
June 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
			1	2	3	4	Abilities at Work	<i>Brain Function</i>	Kelley Gordham
5	6	7	8	9	10	11	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
12	13	14	15	16	17	18	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
19	20	21	22	23	24	25	BECHA	<i>Building routines and sensory diets</i>	Torri Wright Ma.Sped
26	27	28	29	30					
July 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
					1	2	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
3	4	5	6	7	8	9	Among Friends	<i>Puberty vs. Adolescence</i>	Shanya Luther
10	11	12	13	14	15	16	BECHA	<i>Trauma Informed - Polyvagal - Advanced/Level III (Level I & II required)</i>	Torri Wright Ma.Sped
17	18	19	20	21	22	23	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
24	25	26	27	28	29	30			
31									
August 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
	1	2	3	4	5	6	Clatsop Behavioral Healthcare	<i>Labels are for Jars, Diagnosis for Treatment</i>	Lori Thompson
7	8	9	10	11	12	13	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
14	15	16	17	18	19	20	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
21	22	23	24	25	26	27			
28	29	30	31						
September 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
				1	2	3	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
4	5	6	7	8	9	10	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
11	12	13	14	15	16	17	Community Vision	<i>Collaborative Problem Solving</i>	Randi Cooper, M. Ed
18	19	20	21	22	23	24			
25	26	27	28	29	30				

October 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
						1	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
2	3	4	5	6	7	8	Community Vision	<i>Psychotropic Medications</i>	Lori Olson, MHPNP
9	10	11	12	13	14	15	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
16	17	18	19	20	21	22	Among Friends, LLC	<i>Diversity and Inclusion; Supporting Sexual and Gender Minorities</i>	Shanya Luther
22	23	24	25	26	27	28	Community Pathways, Inc	<i>Social Sexual Theme (exact subject TBD)</i>	Linda Peck Athens
29	30	31							
November 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
		1	2	3	4	5	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
6	7	8	9	10	11	12	Portland Parks and Rec	<i>Processing Loss & Grief with people with I/DD</i>	Interfaith Disabilities Network
13	14	15	16	17	18	19	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
20	21	22	23	24	25	26			
27	28	29	30						
December 2022							Host	Topic	Instructor
Su	M	Tu	W	Th	F	Sa			
				1	2	3	Sally Gibson	<i>OIS – General Level (G)</i>	Sally Gibson
4	5	6	7	8	9	10	Natascha Hottges Ortiz	<i>OIS</i>	Natascha Hottges Ortiz
11	12	13	14	15	16	17			
18	19	20	21	22	23	24			
25	26	27	28	29	30	31			