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| **2021 Annual Plan** | | | | | | | | | | |
| **for the Region 1 I/DD Training Co-operative** | | | | | | | | | | |
| **Bold = holiday** | | | | | | |  |  |  |
| **January 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  |  |  |  | 1 | 2 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | The ARC | *CPR/FA and Bloodborne Pathogens* | Vicki Smead |
| 17 | **18** | 19 | 20 | 21 | 22 | 23 | Torri Wright | *Challenging & Complex Behavior -Introduction/Level I* | Torri Wright Ma.Sped |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |  |  |  |
| 31 |  |  |  |  |  |  |  |  |  |
| **February 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | Among Friends | *Foundations of Sexual Health* | Shanya Luther & Co-trainer |
| 21 | **22** | 23 | 24 | 25 | 26 | 27 | FACT | *Youth related topic* | TBD |
| 28 |  |  |  |  |  |  | Torri Wright | *Challenging & Complex Behavior -Intermediate/Level II (Level I required)* | Torri Wright Ma.Sped |
| **March 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | lifempowered | *Supporting People with sexually Inappropriate Behaviors* | James Clay PsyD |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | The ARC | *CPR/FA and Bloodborne Pathogens* | Vicki Smead |
| 28 | 29 | 30 | 31 |  |  |  | Portland Parks and Rec | *Dual Diagnoses: MH & I/DD* | Lori Olson |
|  |  |  |  |  |  |  | Torri Wright | *Challenging & Complex Behavior – Advanced/Level III (Level I and II required)* | Torri Wright Ma.Sped |
| **April 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  |  |  | 1 | 2 | 3 | Eastco Diversified Services | *Humanization* | Lori Thompson |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | Among Friends | *Foundations of Sexual Health* | Shanya Luther & Co-trainer |
| 25 | 26 | 27 | 28 | 29 | 30 |  | Up & Out | *Collaborative Problem Solving* | Randi Cooper, M. Ed |
|  |  |  |  |  |  |  | Torri Wright | *Neurodiversity 101* | Torri Wright Ma.Sped |
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| **May 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  |  |  |  |  | 1 | Columbia Community MHC | *Signs & Symptoms of Mental Illness in people with I/DD* | Kasi Dunning |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | Eastco Diversified Services | *Labels are for Jars- diagnosis is for People* | Lori Thompson, M.S. Ed |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 23 | 24 | 25 | 26 | 24 | 28 | 29 | TVW | *Social-Sexual Supports* | Shanya Luther, MDiv |
| 30 | 31 |  |  |  |  |  | Torri Wright | *Trauma Informed - Polyvagal - Introduction/Level I* | Torri Wright Ma.Sped |
| **June 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  | 1 | 2 | 3 | 4 | 5 | Abilities at Work | *Brain Function* | Kelley Gordham |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | Eastco Diversified Services | *FASD* | Lori Thompson |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | Exceed Enterprises | *Down Syndrome* | Lori Thompson |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 27 | 28 | 29 | 30 |  |  |  | Among Friends | *OIS – General Level (G)* | Shanya Luther |
|  |  |  |  |  |  |  | The ARC | *CPR/FA and Bloodborne Pathogens* | Vicki Smead |
|  |  |  |  |  |  |  | Torri Wright | *Trauma Informed - Polyvagal - Intermediate/Level II (Level I required)* | Torri Wright Ma.Sped |
| **July 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  |  |  | 1 | 2 | **3** | lifempowered | *Down Syndrome & Aging or other* | Lori Thompson |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | Torri Wright | *Trauma Informed - Polyvagal - Advanced/Level III (Level I & II required)* | Torri Wright Ma.Sped |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |  |  |  |
| **August 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Clatsop Behavioral Healthcare | *Labels are for Jars, Diagnosis for Treatment* | Lori Thompson |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | Eastco Diversified Services | *Aging & Down Syndrome* | Lori Thompson, M.S. Ed |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | Torri Wright | *Challenging & Complex Behavior Introduction/Level I* | Torri Wright Ma.Sped |
| 29 | 30 | 31 |  |  |  |  |  |  |  |
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| **September 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
|  |  |  | 1 | 2 | 3 | 4 | Among Friends | *OIS – General Level (G)* | Shanya Luther |
| 5 | **6** | 7 | 8 | 9 | 10 | 11 | The ARC | *CPR/FA and Bloodborne Pathogens* | Vicki Smead |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | Community Vision | *Collaborative Problem Solving* | Randi Cooper, M. Ed & Jordan Spikes |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | Torri Wright | *Challenging & Complex Behavior - Intermediate/Level II (Level I required)* | Torri Wright Ma.Sped |
| 26 | 27 | 28 | 29 | 30 |  |  |  |  |  |
| **October 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  |  |  |  | 1 | 2 |  |  |  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | Community Vision | *Psychotropic Medications* | Lori Olson, MHPNP |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | FACT | *Youth related topic* | TBD |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | Torri Wright | *Challenging & Complex Behavior – Advanced/Level III (Level I and II required)* | Torri Wright Ma.Sped |
| 31 |  |  |  |  |  |  |  |  |  |
| **November 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | Eastco Diversified Services | *FASD* | Lori Thompson, M.S. Ed |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | Portland Parks and Rec | *Processing Loss & Grief with people with I/DD* | Interfaith Disabilities Network |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | Torri Wright | *Neurodiversity 101* | Torri Wright Ma.Sped |
| 28 | 29 | 30 |  |  |  |  |  |  |  |
| **December 2021** | | | | | | | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  |  | 1 | 2 | 3 | 4 | Sally Gibson | *OIS – General Level (G)* | Sally Gibson |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | Portland Parks and Rec | *Trauma Informed Care* | Trauma Oregon |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | Torri Wright | *Trauma Informed - Polyvagal - Introduction/Level I* | Torri Wright Ma.Sped |
| 19 | 20 | 21 | 22 | 23 | **24** | 25 |  |  |  |
| 26 | 27 | 28 | 29 | 30 | 31 |  |  |  |  |