#### Edwards Center as part of the Region 1 DD Training CO-OP, offers:

# Normal and Not Normal Aging; Understanding the Difference

Instructor: Shelly Edwards, PAC Certified Instructor

Date: Friday, April 3, 2020 Time: 10:00am – 12:00pm, check in starting at 9:30am

Class Location: Edwards Center - Arctic building: 5600 SW Arctic Drive, Suite 100 Beaverton, OR 97005

### Cost: per registrant \$25/person (CO-OP member rate)\*

\* Member agency affiliates/staff, DD foster providers & family members of people case managed by Multnomah, Clackamas, Washington, Clatsop or Columbia County DD may pay member rates. But rate DOUBLES if no CO-OP Member/agency affiliation (except for OIS and HCR classes).

Coffee/tea will be provided. Please feel free to bring your own lunch or snack.

#### **Course Description:**

- ~ What's the difference between "normal" aging versus "not normal" aging related to various cognitive functions?
- ~ Learn how to describe the five sensory input and processing systems, highlighting the dominant role of vision, and the major differences between protective and discriminating sensation in each
- ~ What is the impact of changing sensory awareness and processing as dementia progresses?
- ~Come learn how to develop better observational skills to recognize and intervene effectively when behavioral challenges occur. Lastly, come learn some new skills related to approach, cueing, and ability to connect with people affected by dementia
- ~Ms. Shelly Edwards, has over 25 years training experience and 10 years working in the field of Alzheimer's Disease and dementia (including 3 years working in the DD world). The workshop emphasizes the value of matching helping behaviors to the person's needs and retained abilities to promote a sense of control and self-direction. The workshop will also address typical issues that occur from early stages of the condition, through mid-disease, and into the final care concerns that are part of the progression

To register: Use form below. Send check or money order (no cash nor credit cards) to:

Edwards Center, Inc., Attn to Heather Self, 5600 SW Arctic Drive, Suite 100, Beaverton, OR 97005

## Questions? Contact: Heather Self, 971-713-2769, <a href="mailto:hself@edwardscenter.org">hself@edwardscenter.org</a>

CO-OP classes are self-funded & rely on advance registration or may be cancelled if unable to reach minimum enrollment. If cancelled, all registered will be notified. For more CO-OP classes & member info: <a href="https://www.SDRI-pdx.org/CO-OP">www.SDRI-pdx.org/CO-OP</a>.

REGISTRATION & PAYMENT FORM: Normal and Not Normal Aging; Understanding the Difference

Name(s)	hone Number	E-Mail		
Agency/Provider Foster Home? ☐ Y / ☐ N	Mailing address	City	State	ZIP
Training CO-OP member? □Y / □N (Fee DOUBLES for non-members*) Enclosed \$				
Please send this registration form and check payable to "Edwards Center, Inc." to:  Edwards Center, Inc., Attn Heather Self				

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