

HOW TO TALK ABOUT SEX & SEXUALITY

INSTRUCTOR: Shanya Luther, MDiv

DATE: March 22, 2019

TIME: 9:00AM - 12:00PM

UPDATE - LOCATION CHANGE

CLASS LOCATION: **Legacy Emanuel Hospital, Conference Rm 1075 & 1077 - 2801 N. Gantenbein Ave, Portland**

TO GET THERE: I-5 North Take the N Alberta St exit [exit 303]. Left on N Alberta St to N Vancouver Ave. Right on Vancouver. Park in Parking Structure #

I-5 South Follow I-5 to MODA Center/Broadway-Weilder exit Exit (Exit 302A), Straight to NE Broadway. Left on NE Broadway to N Williams, right on N Williams. Park in Parking Structure #1

COST: PER REGISTRANT **\$25/PERSON** (CO-OP MEMBER RATE)*

*Member agency affiliates/staff, DD foster providers & family members of people case managed by Multnomah, Clackamas, Washington, Clatsop or Columbia County DD may pay member rates. But rate **DOUBLES** if no Co-op Member/agency affiliation

COURSE DESCRIPTION:

How can you talk about someone's personal sexual life with them? How can you support someone who may be embarrassed to share details about their sexual experiences, desires or needs? Shanya will give you practical skills for dialoguing about sexuality with an individual who experiences I/DD. Examples are:

- How to approach the subject in a non-threatening manner;
- How to ask open-ended questions;
- How to think globally about sexuality
- And how to brainstorm win-win solutions

We will focus on how to support healthy sexual development, healthy relationships, varying sexual expressions, and addressing the desire for intimacy and 'skin hunger'.

Maximum attendance required – 30

Class may be cancelled if unable to reach minimum enrollment

3 hours - AFH training pending

TO REGISTER: Use form below and send check/money order [no cash or credit cards] to mailing address at the bottom of the page

QUESTIONS? Please contact Cindy Matzen at 503.397.1922 ext 201 or cindy.matzen@riversidecenters.com
Co-op classes are self-funded & rely on advance registration or may be cancelled if unable to reach minimum enrollment. If you are unable to attend training, contact above at least 10 days prior to training – to received a refund if unable to reach minimum enrollment you will received a refund.

NO OUTSIDE FOOD OR DRINKS ARE ALLOWED



REGISTRATION & PAYMENT FORM: HOW TO TALK ABOUT SEX & SEXUALITY

MARCH 22, 2019

ONE PERSON PER REGISTRATION FORM

NAME		E-MAIL	
AGENCY/PROVIDER		PHONE NUMBER	
MAILING ADDRESS		CITY	STATE
		ZIP	
FOSTER HOME? <input type="checkbox"/> YES <input type="checkbox"/> NO			
TRAINING CO-OP MEMBER? <input type="checkbox"/> YES <input type="checkbox"/> NO		AMOUNT ENCLOSED \$ _____	
(FEES DOUBLE FOR NON-MEMBERS*)			

**PLEASE SEND REGISTRATION FORM AND CHECK PAYABLE TO:
RIVERSIDE TRAINING CENTERS, ATTN: C MATZEN, PO Box 280, ST HELENS, OR 97051**