COLLABORATIVE PROBLEM SOLVING HALF DAY INTRODUCTORY TRAINING

This half day training introduces you to the Collaborative Problem Solving (CPS), an innovative, compassionate, and evidencebased approach for understanding and helping individuals with challenging behaviors. Research shows that lagging skills in things like frustration tolerance, flexibility, and problem solving can lead to behavioral challenges. This approach helps professionals and caregivers support those individuals in developing these skills while solving the chronic problems with their client that tend to lead to challenging behavior.

Each session will include some direct instruction along with the opportunity to apply what is taught to professionals and caregivers' unique situations. The training will be led by Randi Cooper, M.Ed. who is a Special Educator and Behavior Specialist with over 16 years of experience working with individuals who demonstrate challenging behavior and is currently a Clinical Trainer and Consultant for Think:Kids from Massachusetts General Hospital in Boston. She supports a diverse range of agencies in teaching the CPS model and consults/coaches teachers, clinicians, and parents in how to use Collaborative Problem Solving and support them in shifting mindsets to believe "People do Well if they Can."

Sessions Dates and Time	Tuesday, April 28, 2020
	11:45 pm check-in
	Workshop is 12:00 pm – 4:00 pm
<u>Location</u>	
	Portland Police Precinct East
	Community Room
	737 SE 106th Ave.
	Portland, OR 97216

Details

* * Cost is \$25 for Co-Op Members; \$50 for non-members

* * Snacks provided

Contact and Registration Information:

Please detach bottom portion of page and send with checks made payable, to: Up and Out, Inc. 521 SW 11th Ave., Suite 304, Portland, OR 97205

Questions, please contact Deb: 503.796.0241 or email <u>upandout@upandoutinc.com</u>

Registration for April 28 Half-Day Training: Collaborative Problem Solving

Participant Name(s)

Phone Number

Email Address (please print neatly)

Co-op Member? 🗆 Yes 🗆 No

Organization Name

Amount Enclosed: _____

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