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| **2019 Annual Plan**  |
| **for the Region 1 I/DD Training Co-operative** |
| **Bold = holiday** |  |  |  |
| **January 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Washington County | *ISP Team Appointed Health Care Rep* | Josh Fulgham |
|  |  | **1** | 2 | 3 | 4 | 5 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | Access Ability LLC | *OIS-G* | John Mushlitz |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | Among Friends | *OIS-G* | Shanya Luther |
| 20 | **21** | 22 | 23 | 24 | 25 | 26 | Sally Gibson | *OIS-G* | Sally Gibson |
| 27 | 28 | 29 | 30 | 31 |  |  |  |  |  |
| **February 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Sally Gibson | *OIS-G* | Sally Gibson |
|  |  |  |  |  | 1 | 2 | Specialty Family Homes  | *Humanization Principles* ***[Canceled, per Angela Townsend]*** | Lori Thompson, LCSW |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | Access Ability LLC | *OIS-G* | John Mushlitz |
| 17 | **18** | 19 | 20 | 21 | 22 | 23 | Edwards Center | *Normal and Not Normal Aging: Understanding the Difference* | Shelly Edwards |
| 24 | 25 | 26 | 27 | 28 |  |  | FACT | *Youth Related Topic* | TBD |
|  |  |  |  |  |  |  | Among Friends | *OIS-G* | Shanya Luther |
| **March 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Riverside Training Centers | *How to Talk about Sex and Sexuality* | Shanya Luther |
|  |  |  |  |  | 1 | 2 | Portland Parks & Rec | *Dual Diagnoses: MH & I/DD* | Lori Olson |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | Sally Gibson | *OIS-G* | Sally Gibson |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | Edwards Center | *Seeing GEMS As More Than Just Loss: Progression Patterns* | Shelley Edwards |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | Access Ability LLC | *OIS-G* | John Mushlitz |
|  |  |  |  |  |  |  | Access Ability LLC | *Care for Yourself to Become a Better Caregiver* | Julie Harrison |
|  |  |  |  |  |  |  | Albertina Kerr Centers | *Fetal Alcohol Spectrum Disorders* | Lori Thompson, M.S Ed |
| **April 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Sally Gibson | *OIS-G* | Sally Gibson |
|  | 1 | 2 | 3 | 4 | 5 | 6 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | Specialty Family Homes | *Label for Jars* | Lori Thompson, M.S. Ed |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | Goodwill Industries | *Sexually Inappropriate Behaviors* | Shanya Luther |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | Access Ability | *OIS-G* | John Mushlitz |
| 28 | 29 | 30 |  |  |  |  | Clackamas County DD | *Trauma Informed Care 101* | Trauma Informed Oregon |
|  |  |  |  |  |  |  | Up and Out | *Collaborative Problem Solving* | Randi Cooper, M Ed; Jordan Spikes |
|  |  |  |  |  |  |  | Access Ability LLC | *The Autistic Perspective #1* | Andee Joyce |
| **May 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Washington County | *ISP Team Appointed Health Care Rep* | Josh Fulgham |
|  |  |  | 1 | 2 | 3 | 4 | Sally Gibson | *OIS-G* | Sally Gibson |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | Specialty Family Homes | *FASD* | Lori Thompson, M.S. Ed |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | Access Ability LLC | *Implementing a Positive Behavior Support Plan* | John Mushlitz |
| 26 | **27** | 28 | 29 | 30 | 31 |  | Access Ability LLC | *OIS-G* | John Mushlitz |
| **June 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** |  |  |  |
|  |  |  |  |  |  | 1 | Sally Gibson | *OIS-G* | Sally Gibson |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 | Access Abilities | *Become a Behavior Detective* | John Mushlitz |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | Albertina Kerr | *Psychotropic Meds* | Lori Olson |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | Access Ability LLC | *OIS Level-G classes* | John Mushlitz |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 30 |  |  |  |  |  |  |  |  |  |
| **July 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Riverside Training Centers | *Social-Sexual Supports: A Proactive Approach* | Shanya Luther |
|  | 1 | 2 | **3** | **4** | 5 | 6 | Specialty Family Homes | *Humanization Principles* | Lori Thompson, M.S. Ed |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | Sally Gibson | *OIS-G* | Sally Gibson |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | Riverside Training Centers | *Down Syndrome & Aging or other* | Lori Thompson |
| 28 | 29 | 30 | 31 |  |  |  | Access Ability LLC | *OIS Level-G classes* | John Mushlitz |
|  |  |  |  |  |  |  | Access Ability LLC | *Everybody Communicates* | John Mushlitz |
| **August 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Sally Gibson | *OIS-G* | Sally Gibson |
|  |  |  |  | 1 | 2 | 3 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | Access Ability LLC | *Build a Behavior Toolkit* | John Mushlitz |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | Clackamas County DD | *ISP Team Appointed Health Care Rep* | Tanya Johnson |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |  |  |  |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |  |  |  |
| **September 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Specialty Family Homes | *PICA Disorders* | Lori Thompson, M.S. Ed |
| 1 | **2** | 3 | 4 | 5 | 6 | 7 | Access Ability LLC | *Sensory Overload and Meltdowns* | John Mushlitz |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | Sally Gibson | *OIS-G* | Sally Gibson |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | Access Ability LLC | *OIS-G* | John Mushlitz |
| 29 | 30 |  |  |  |  |  | Access Ability LLC | *Sensory Overload and Meltdowns* | John Mushlitz |
| **October 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Specialty Family Homes | *Down Syndrome and Aging* | Lori Thompson, M.S. Ed |
|  |  | 1 | 2 | 3 | 4 | 5 | Sally Gibson | *OIS-G* | Sally Gibson |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | Access Ability LLC | *OIS-G* | John Mushlitz |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | Access Ability LLC | *The Autistic Perspective #2* | Andee Joyce |
| 27 | 28 | 29 | 30 | 31 |  |  |  |  |  |
| **November 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Goodwill Industries | *Humanizing Principles* | Lori Thompson, M.S. Ed |
|  |  |  |  |  | 1 | 2 | Portland Parks & Recreation | *Processing Loss & Grief with people with I/DD* | Interfaith Disabilities Network of Oregon |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | Sally Gibson | *OIS-G* | Sally Gibson |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | Access Ability LLC | *OIS-G* | John Mushlitz |
| 24 | 25 | 26 | 27 | **28** | 29 | 30 | Access Ability LLC | *Supporting Difficult Behaviors we can’t Change* | John Mushlitz |
|  |  |  |  |  |  |  | Up and Out | *Working with Abuse Survivors* | Mike Larson |
| **December 2019** | **Host** | **Topic** | **Instructor** |
| **Su** | **M** | **Tu** | **W** | **Th** | **F** | **Sa** | Portland Parks & Rec | *Trauma Informed Care* | Trauma Informed Oregon |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | Sally Gibson | *OIS-G* | Sally Gibson |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | Albertina Kerr | *Guardianship* | Disability Rights Oregon |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | Access Ability LLC | *OIS-G* | John Mushlitz |
| 22 | 23 | 24 | **25** | 26 | 27 | 28 | Clackamas County DD | *ISP Team Appointed Health Care Rep* | TBD |
| 29 | 30 | 31 |  |  |  |  | Access Ability LLC | *Treasure Trove of Behavior Resources* | John Mushlitz |
|  |  |  |  |  |  |  | PCBS | *OIS-G* | Carlene Rhodes or Heather Montano |