#### **Region 1 Developmental Disabilities**

#### **Training CO-OPerative**

#### **CO-OP Member's**

Host Kit



# My agency's CO-OP Contact is:

Please make sure this person's name, phone & E-Mail contact information is known to the CO-OP's E-Mail and Host Kit Keepers. Thanks!

If you cannot find the answer

in the Host Kit, E-Mail:

Longley@ohsu.edu

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Welcome to the Region 1 DD



# Training CO-OPerative!

The Training Advisory and Steering Committee (TASC) are thrilled to partner with you to fulfill the mission of the CO-OPerative (CO-OP)! Since 2003, the Region 1 DD Training CO-OP has reflected the collective spirit of commitment to host trainings powered by the generosity of the 37 (& growing) voluntary CO-OP member agencies or Independent Contractors. Together we work to host high caliber classes on topics of interest to the community supporting individuals with intellectual/developmental disabilities within Oregon's five-county region: Clackamas, Clatsop, Columbia, Multnomah and Washington. Read further in this "Host Kit" for information about Region 1 DD Training CO-OP membership <u>expectations and protocols</u>.

#### Function of the CO-OPerative

#### What is a CO-OPerative?

A CO-OPerative is a group of people acting together to meet the common needs of its members. This CO-Operatives' focus is on providing value, not making profits. The Region 1 Training CO-OP is composed of and dependent on ALL of its members.

#### **CO-OPerative objectives:**

- 1. To increase interaction & networking among professionals.
- 2. To meet the needs and interests of its members to provide opportunities for on-going training and skill enhancement.
- 3. To share resources, talents and efforts to meet said interests.

#### **CO-OPerative principles:**

#### **Voluntary and Open Membership**

Participation in the CO-OP is voluntary, and we are committed to treating all people equally. It is our policy not to discriminate on the basis of race, color, national origin, disability, religion, age, sex/gender, sexual orientation, gender identity and expression, marital status, veteran status, source of income, or any other basis prohibited by federal, state, or local law. If you think you have experienced discrimination, please contact us. We will review all concerns.

#### **Member Participation**

Members are comprised of agencies and independent contractors who provide services to people with developmental disabilities. Members help provide education and training for service providers, and take turns hosting classes. The classes are open to staff affiliated with the host, the CO-OP, or community of service providers and people with developmental disabilities.

# Education, Training and Information

Through the combined efforts of the members of the CO-OP, more training classes can be offered, throughout the year, over a greater geographic area, and with a lower investment of time and money. Training information is posted to a public website, managed by SDRI, and flyers for upcoming classes are distributed to our email list.

### **Member Economic Participation**

Direct costs for each class are covered by fees collected for that specific class and kept to a bare minimum. The amount of staff time that member agencies spend hosting and advertising classes within their own agency is an in-kind contribution in lieu of any cash membership fees.

#### Function of the CO-OP developers:

The Training Advisory Steering Committee (TASC) is a small group of people drawn from interested partners from DD services for vocational, residential, behavioral, day program, and public community program (i.e. Parks & Recreation). Together they identify relevant class topics of interest, draft an annual class schedule, identify new community trainers and resources, mentor new members, and develop group policy as needed. <u>TASC members</u> also fill the following roles:

# E-Mail, Paper, and Host Kit Keeper: Alice Longley Miller longley@ohsu.edu

Website Keeper: Michael Gmirkin michael@sdri-pdx.org

# Joining the CO-OP

# Membership:

If you or anyone you know is interested in becoming a CO-OP member, please contact a TASC member for more information, an application and a Host Kit. After your application is reviewed, you will be contacted to discuss the host kit, training ideas, space accommodations, and how you can be integrated into the Annual Plan of classes.

The CO-OP membership was created years ago to provide caregiver training that the federal, state and county governments were unable to fund. The CO-OP continues to fulfill a vital need for current knowledge and best practices for supporting the evolving needs of people with developmental disabilities living in our communities.

# TASC:

Membership is open to any CO-OP member affiliate willing to regularly attend quarterly meetings and fulfill additional duties to support the on-going operation of the CO-OP.

# Membership Benefits include:

- Identifying new and/or priority training needs for the people you support
- Building community relationships with Instructors and collaborating on course material to ensure it includes up-todate research, and a review of 'best practices' for support staff

- Experience hosting a class to provide free training spots to a number of your staff, and an affordable, educational event for other attendees
- CO-OP resource lists which can be used to network, building new relationships with other members of the community, and/or with experts on topics of interest to you

# **CO-OP Membership Obligations**

The **two** major obligations of CO-OP members are as follows:

- 1. Host 1 to 3 specific classes each year, January to December, according to the Annual Plan, typically published every winter. The month, topic and suggested instructor are pre-assigned for each member agency. The member agency is responsible to make all the advance arrangements as host and registrar in a timely manner.
- As a CO-OP Member, your agency designates a reliable contact person to track your assigned class (es) and coordinate hosting responsibilities, beginning three months prior to the month the class is scheduled to occur. If a class must be postponed or pushed out into the next month, contact the "E-Mail Keeper" to check for schedule conflicts.

It is the <u>Host's responsibility</u> to:

- Initiate contact with the Instructor(s) well in advance to coordinate a date and location for the training. Discuss whether they will charge an instructor fee (note: some trainers related to an agency, i.e. Region 1 Crisis Diversion, do not charge an Instructor fee). Our experience has been that attendance can be approved when a small fee for the class is paid in advance. Use this information and factor in any costs (i.e. coffee, snacks) to determine how many people you will need to register for the class, and the cost for the registrant. Plan for a lower registration # to be certain to cover your expenses.\*
- The host should ask the instructor to do one of two things:
  - Either <u>submit an "Accreditation Request for AFH Training" to the state to gain training</u> <u>accreditation for foster providers</u>,
  - Or provide the Host with a concrete description of the class content (agenda, outline, power point) for the Host to use to complete the "Accreditation Request for AFH Training" form and send to the state.

Class publicity is done via E-Mail to all current members of the CO-OPerative.

- The host member must send a Word doc. flyer for each class to the "E-Mail Keeper" as soon as a specific date/time/location/cost info and flyer is available, ideally two full months prior to class date. You can get a sample flyer from the "E-Mail Keeper".
- The <u>"E-Mail Keeper"</u> circulates the announcement within 3 business days to our "mailing list" which includes: CO-OP members and other service providers who request notifications.
- After a class is completed, the Host Contact Person sends the following documents to the "Paper Keeper":
  - copies of the class roster,

- evaluations,
- and the Completion Report, which provides information helpful for future course planning, and provides longitudinal data we can use to support requests for funding future trainings (from the State, Counties, or Grant Foundations).
- \*NOTE: The expectation is that you <u>set aside at least 50% of the class capacity for CO-OP members outside</u> <u>your own agency for trainings</u> but any space remaining a week prior to the event may be used for the host agency's staff or subcontractors.
- 2. Distribute flyers for all CO-OP classes: This process functions as an E-Mail tree. Each CO-OP member designates a <u>reliable</u> Contact Person within their agency to receive E-Mailed flyers from the CO-OP "E-Mail Keeper". The Contact Person forwards the CO-OP E-Mails containing class flyers to their own "circle" of interested contacts on the day the announcement is received.
  - i. There is no budget for mailing or advertisement; each CO-OP member is asked to publicize "in-house", and within their own circle of contacts. The member CO-OP Contact Person is asked to distribute flyers on paper or by E-Mail to their circle of staff, families, clients and subcontractors.
  - ii. <u>County agencies please send the class flyers to your DD foster care providers (for children</u> <u>and adults, depending upon topic)</u>.
  - iii. This distribution is the **only** way CO-OP classes are publicized, so it is extremely important the CO-OP Contact does his/her job of distributing training flyers quickly.

Flyers are also downloadable from the website: <u>www.sdri-pdx.org/complete-calendar</u>. [

# What is the "Host Kit"?

This document is your "Host Kit", created to help you organize and understand your hosting process so your CO-OP experience is less stressful. The kit includes advice, resources, samples, protocols and CO-OP operating policies based on the experience of others in the CO-OP and the Region 1 DD Training Program.

# The "Host Kit" includes:

- •Annual Plan
- •List of Instructors & Courses
- •List of Possible Training Sites
- Event Planning Guide
- •AFH Training Credit Application
- Financial Risk of Hosting CO-OP Class
- •Fee Worksheet
- Flyer & Registration Template



- •Class Roster Form
- Post Card/Confirmation Sample Template
- Evaluation Template/Sample
- •Certificate Template/Sample
- •Completion Report Form
- •List of CO-OP Members
- •List of TASC Members

#### Annual Plan

For clarifications about anything on this Region 1 I/DD Training CO-OP Annual Plan please contact longley@ohsu.edu or see the WEBSITE at <a href="http://www.sdri-pdx.org/CO-OP/">www.sdri-pdx.org/CO-OP/</a>

- This Annual Plan features a rotation of general class topics (behavior, clinical, etc), locales, instructors and new 'hot' topics. The schedule attempts to provide similar trainings several months apart, and in different locations to encourage full classes, rather than sponsoring 2 classes on Autism in the same month.
- If you are interested in hosting a specific topic and/or Instructor, please let the "Paper Keeper" know. We will try to accommodate your requests.

The "E-Mail Keeper" will send your 'Host Contact' an E-Mail reminder 3 months in advance of your scheduled class. Updated Kits are E-Mailed periodically from the "Host Kit Keeper" and are available for download from the CO-OP Website at <u>www.sdril-pdx.org/CO-OP</u>.

Changes from the Plan are inevitable, as Instructor and Host availability and responsiveness vary. Hosts should work closely with TASC member(s) to work out timing, instructor changes or trades. It's the Host's responsibility to initiate contact with a suggested instructor listed in the Annual Plan. The instructors listed are suggested, but are not confirmed already to teach on specific dates. If you have recommended Instructors, please contact the 'Paper Keeper" to update our Resource List.

# 2018 Annual Plan

Bold = holiday										
	January 2018						Host Topic		Instructor	
Su	М	Tu	w	Th	F	Sa				
	1	2	3	4	5	6	Portland Parks & Recreation	Fatal Four	TBD	
7	8	9	10	11	12	13	Washington County ISP Team Appointed Health Care Rep		Josh Fulgham	
14	15	16	17	18	19	20	Sally Ashfield Gibson	OIS-G	Sally Ashfield Gibson	
21	22	23	24	25	26	27	Access Ability LLC	OIS-G	John Mushlitz	
28	29	30	31				Among Friends	OIS-G	Shanya Luther	
							Changing Minds PBS & ATCBS.org	Considering Age Related Issues & Dementia Within the Context of Brain Function and Behavior	Kelley Gordham	

# for the Region 1 I/DD Training Co-operative

PCBS

OIS-G

Carlene Rhodes or Heather Montano

		Febru	uary	2018			Host	Торіс	Instructor
Su	Su M Tu W Th F Sa								
				1	2	3	Portland Parks & Recreation	Medical Detective: Wound Care	TBD
4	5	6	7	8	9	10	Sally Gibson	OIS-G	Sally Gibson
11	12	13	14	15	16	17	Specialty Family Homes	Humanization	Lori Thompson, LCSW
18	19	20	21	22	23	24	PCBS	OIS-G	Carlene Rhodes or Heather Montano
25	26	27	28				Access Ability LLC	OIS-G	John Mushlitz
							Christina Wolf OIS- G		Christina Wolf
									· · · · · · · · · · · · · · · · · · ·
		Mai	rch 2	018	1		Host	Торіс	Instructor
Su	м	Tu	w	Th	F	Sa	Coast Rehabilitation – Mult.	Working with Abuse Survivors	Mike Larson
				1	2	3	Portland Parks & Recreation	Fatal Four	TBD
4	5	6	7	8	9	10	Sally Gibson OIS-G		Sally Gibson
11	12	13	14	15	16	17	Northwest Community Alliance (formerly Coast Rehab Multnomah County)	Working with Abuse Survivors	Mike Larsen
18	19	20	21	22	23	24	PCBS	OIS-G	Carlene Rhodes or Heather Montano
25	26	27	28	29	30	31	Access Ability LLC	OIS-G	John Mushlitz
							Albertina Kerr Centers	Fetal Alcohol Spectrum Disorders	Lori Thompson, M.S Ed
							Riverside Training Centers	Supporting People with Sexually Inappropriate Behaviors	TBD

							Mt. Hood Day Center	Stress Fitness for Staff	Lori Thompson, M.S. Ed
							FACT	Assistive Tech Fair and Training	TBD
							Edwards Center	Positive Approach to Care	Shelley Edwards
		Арі	ril 20	18			Host	Торіс	Instructor
Su	м	Tu	w	Th	F	Sa	Portland Parks & Recreation	Medical Detective: Pain	TBD
1	2	3	4	5	6	7	Sally Gibson	OIS-G	Sally Gibson
8	9	10	11	12	13	14	PCBS	OIS-G	Carlene Rhodes or Heather Montano
15	16	17	18	19	20	21	Specialty Family Homes Label for Jars		Lori Thompson, M.S. Ed
22	23	24	25	26	27	28	Up & Out, Inc.	Employment Topic	TBD
29	30						Access Ability OIS-G		John Mushlitz
							Clackamas County DD	ISP Team Appointed Health Care Rep	Joanne O'Connell, MA
							Christina Wolf	OIS-G	Christina Wolf
							Access Ability LLC	The Autistic Perspective #1	Andee Joyce
	May 2018			1	Host	Торіс	Instructor		
Su	М	Tu	w	Th	F	Sa	Columbia Community MHC	Social Sexual training	TBD
		1	2	3	4	5	Portland Parks & Recreation	Fatal Four	
6	7	8	9	10	11	12	Washington County	ISP Team Appointed Health Care Rep	Josh Fulgham
13	14	15	16	17	18	19	Sally Gibson	OIS-G	Sally Gibson
20	21	22	23	24	25	26	PCBS	OIS-G	Carlene Rhodes or Heather Montano
27	28	29	30	31			Access Ability LLC	OIS-G	John Mushlitz
							Access Ability LLC	What Can I Expect as a Parent/Foster Parent?	John Mushlitz
		Jun	e 20	18			Host	Торіс	Instructor

Su	М	Tu	w	Th	F	Sa	Portland Parks & Recreation	Medical Detective: Pain & Behavior	TBD
					1	2	Sally Gibson	OIS-G	Sally Gibson
3	4	5	6	7	8	9	Abilities at Work	Brain Function	Kelley Gordham
10	11	12	13	14	15	16	Albertina Kerr	Psychotropic Meds	Lori Olson
17	18	19	20	21	22	23			
24	25	26	27	28	29	30	PCBS	OIS-G	Carlene Rhodes or Heather Montano
							Up & Out, Inc.	How to be a Co-op Member- for current co-op members only	Region 1
							Edwards Center	GEMS	Shelley Edwards
	July 2018					Ŧ	Host	Торіс	Instructor
Su	М	Tu	w	Th	F	Sa	DePaul Industries	Understanding Behavior & BSP's	Dave Langlois & guest
1	2	3	4	5	6	7	Portland Parks & Recreation	LGBT & I/DD or Inclusive Proactive Supports	Shanya Luther
8	9	10	11	12	13	14	Sally Gibson	Sally Gibson OIS-G	
15	16	17	18	19	20	21	PCBS	OIS-G	Carlene Rhodes or Heather Montano
22	23	24	25	26	27	28	Riverside Training Centers Down Syndrome & Aging or other		Lori Thompson
29	30	31							
	August 2018				Host	Торіс	Instructor		
Su	М	Tu	w	Th	F	Sa	Portland Parks & Recreation	Medication Management	TBD
			1	2	3	4	Sally Gibson	OIS-G	Sally Gibson
5	6	7	8	9	10	11	PCBS	OIS-G	Carlene Rhodes or Heather Montano
12	13	14	15	16	17	18			
19	20	21	22	23	24	25			
26	27	28	29	30	31		Eastco Diversified	Psychotropic Meds (tentative)	Lori Olson, PMHNP

							Services (tentative)		(tentative)				
		Clatsop Behavior Labels are for Jars, Diagnosis Healthcare Treatment		Labels are for Jars, Diagnosis for Treatment	Lori Thomnson, M. S. Ed								
							Clackamas County DD ISP Team Appointed Health Care Rep		Tanya Johnson				
	S	eptei	mber	2018	3		Host	Host Topic Instruc					
Su	М	Tu	w	Th	F	Sa	Community Vision	Collaborative Problem Solving	Randi Cooper, M Ed; Jordan Spikes				
						1	Portland Parks & Recreation	Fatal Four	TBD				
2	3	4	5	6	7	8	Washington County	Team Appointed Health Care Rep	Josh Fulgham				
9	10	11	12	13	14	15	Sally Gibson	OIS-G	Sally Gibson				
16	17	18	19	20	21	22	PCBS	OIS-G	Carlene Rhodes or Heather Montano				
23	24	25	26	27	28	29	Access Ability LLC OIS-G		John Mushlitz				
30							Access Ability LLC	Implementing a Positive Behavior Support Plan	John Mushlitz				
	October 2018				Host	Торіс	Instructor						
Su	м	Tu	w	Th	F	Sa	Community Vision	Psychotropic Medications	Lori Olson, MHPNP				
	1	2	3	4	5	6	Portland Parks & Recreation	Medical Detective: TBA	TBD				
7	8	9	10	11	12	13	Sally Gibson	OIS-G	Sally Gibson				
14	15	16	17	18	19	20	PCBS	OIS-G	Carlene Rhodes or Heather Montano				
21	22	23	24	25	26	27	Access Ability LLC	OIS-G	John Mushlitz				
28	29	30	31				Access Ability LLC	The Autistic Perspective #2	Andee Joyce				
	N	lo <u>ve</u> r	n <u>ber</u>	2018			Host	Торіс	Instructor				
Su	м	Tu	w	Th	F	Sa	Goodwill Industries	Humanizing Principles	Lori Thompson, M.S. Ed				
				1	2	3	Portland Parks & Recreation	Processing Loss & Grief with people with I/DD	Interfaith Disabilities Network of Oregon				

4	5	6	7	8	9	10	Sally Gibson	OIS-G	Sally Gibson
11	12	13	14	15	16	17	PCBS	OIS-G	Carlene Rhodes or Heather Montano
18	19	20	21	22	23	24	Access Ability LLC	OIS-G	John Mushlitz
25	26	27	28	29	30		Access Ability LLC Rainbow Adult Living	Supporting Difficult Behaviors we can't Change Working with Abuse Survivors	John Mushlitz Mike Larson
	December 2018						Host	Торіс	Instructor
Su	м	Tu	w	Th	F	Sa	Portland Parks & Recreation	Fatal Four	TBD
						1	Sally Gibson	OIS-G	Sally Gibson
2	3	4	5	6	7	8	Albertina Kerr	Behavioral Roundtable: Behavior Resources	Jane Rake
9	10	11	12	13	14	15	Access Ability LLC	OIS-G	John Mushlitz
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	31						PCBS	OIS-G	Carlene Rhodes or Heather Montano
							Access Ability LLC	The Autistic Perspective #3	Andee Joyce

Â.		Sorted Alphabetically by Host Agency	
Host & Assigned Mor	nth	Assigned Class Topic	Instructor(s)
Abilities at Work	• June	rain Function	ames Clay, Psy D
Access Ability LLC	• January	NS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	• January	3ehavioral Roundtable: Behavior Detective	ane Rake
	• February	NS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	• February	3ehavioral Roundtable: Bldg Behavior Support	ane Rake
	March	NS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	• March	3ehavioral Roundtable: Communication	ane Rake
	• April	NS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	• April	3ehavioral Roundtable: Overloads/Meltdowns	ane Rake
	• May	NS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	• May	3ehavioral Roundtable: Visual Strategies	lane Rake
	• June	3ehavioral Roundtable Trouble w/Transitions	lane Rake
	• July	3ehavioral Roundtable: Coping w/Insomnia	lane Rake

	• August		lane Rake
	• Septembe r	NS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	• Septembe r	3ehavioral Roundtable: High-Interest Activities	ane Rake
	• October	NS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	• October	3ehavioral Roundtable: Self-Injurious Behavior	ane Rake
	November	nIS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	November	Behavioral Roundtable: Caring for the Caregiver	ane Rake
	December	nIS – General Level (G)	ohn Mushlitz, Indep. OIS Instr
	December	3ehavioral Roundtable: More Communication	ane Rake
Albertina Kerr Centers	• February	utism 1	Aike Larson
	March	etal Alcohol Spectrum Disorders	ori Thompson
ARRO	• Septembe r	utism Research	athy Henley
Changing Minds PBS	• February	tress & Self-Control: Depletion Model	Celley Gordham
	• May	ementia & Age Related Conditions	Celley Gordham
	• August	unctional Analysis of Behavior (FA's)	Celley Gordham
	November	ementia & Age Related Conditions	Celley Gordham
Clackamas County DD	• February	SP Team Appointed Health Care Rep	oanne O'Connell, MA
Clackamas County DD	• Septembe r	SP Team Appointed Health Care Rep	oanne O'Connell, MA
Clatsop Behavioral Healthcare	• August	abels for Jars, Diagnosis for Treatment	ori Thompson, LCSW
Coast Rehabilitation - Clatsop	• July	utism Basics (@ the beach)	ohn Ciminello or TBD
Coast Rehabilitation – Mult.	• March	Vorking with Abuse Survivors	/like Larson
Columbia Community MHC	• May	<i>ual Diagnosis</i> (in St. Helens)	ames Clay, Psy D
Community Access Services	• August	iuardianship	<b>Disability Rights Oregon</b>
	December	own Syndrome & Aging	ori Thompson, LCSW

	_		
Community Vision	<ul> <li>August</li> </ul>	he Autistic Perspective	Indre Joyce
Creative Goal Solutions	• July	oundaries and Sexuality Topic	hanya Luther, M Div
Danville	• Septembe r	etal Alcohol Spectrum Disorders	ori Thompson, LCSW
DePaul Industries	• July	Inderstanding Behavior & BSP's	Лike Larson & Dave Langlois
Dungarvin	• April	lumanization Principle	ori Thompson, LCSW
Eastco Diversified Services	• May	pilepsy & Seizure Disorders	pilepsy Foundation or TBD
	Novembe	r sychotropic Meds	ori Olson, PMHNP
Edwards Center	• July	1edicaid 101	essica Leitner
Exceed Enterprises	• June	ICA Disorders	ori Thompson, LCSW
Host & Assigned Mon	th	Assigned Class Topic	Instructor(s)
FACT	March	dolescence Vs. Puberty	hanya Luther, M Div
	October	outh Related Topic	BD
Goodwill Industries	• April	lumanizing Principles	ori Thompson, LCSW
Mt Hood Day Center	• June	exually Inappropriate Behaviors	∕like Larson & Dave Langlois
n-The-Move Comm. Integration	December	r utism 1	∕like Larson
Portland Parks & Recreation	<ul> <li>January</li> </ul>	atal Four	ulie Camp
	• February	1edical Detective: Pain	ulie Camp
	• March	ntro to Developmental Disabilities	legion 1 Crisis Diversion Staff
	• April	1edical Detective: Wounds	ulie Camp
	• May	atal Four	ulie Camp
	• June	1edical Detective: Diabetes	ulie Camp
	• Septembe r	atal Four	ulie Camp
	• October	Iedical Detective: TBA	ulie Camp
	December	r atal Four	ulie Camp
PCBS	• January	NS – General Level (G)	Carlene Rhodes
	• February	NS – General Level (G)	Carlene Rhodes
	• March	NS – General Level (G)	Carlene Rhodes
	• April	NS – General Level (G)	Carlene Rhodes
	• April	NS – General Level (G)	Carlene Rhodes
PCBS	r • October • December • January • February • March • April	atal Four 1edical Detective: TBA r atal Four PIS – General Level (G) PIS – General Level (G) PIS – General Level (G) PIS – General Level (G)	ulie Camp ulie Camp Carlene Rhodes Carlene Rhodes Carlene Rhodes Carlene Rhodes

MayVIS - General Level (G):arlene RhodesMayVIS - General Level (G):arlene RhodesJuneVIS - General Level (G):arlene RhodesJulyVIS - General Level (G):arlene RhodesAugustVIS - General Level (G):arlene RhodesAugustVIS - General Level (G):arlene RhodesSeptembervIS - General Level (G):arlene Rhodes* SeptembervIS - General Level (G):arlene Rhodes* OctoberVIS - General Level (G):arlene Rhodes* OctoberVIS - General Level (G):arlene Rhodes* NovemberVIS - General Level (G):arlene Rhodes* November* Februaryfoldule A: Organizing, Recording &* JanuaryNorganizing, Recording &:arlene Rhodes </th <th></th> <th></th> <th></th> <th></th>				
June       V/S - General Level (G)       :arlene Rhodes         July       V/S - General Level (G)       :arlene Rhodes         August       V/S - General Level (G)       :arlene Rhodes         Septembe       V/S - General Level (G)       :arlene Rhodes         Septembe       V/S - General Level (G)       :arlene Rhodes         October       V/S - General Level (G)       :arlene Rhodes         October       V/S - General Level (G)       :arlene Rhodes         November V/S - General Level (G)       :arlene Rhodes         December V/S - General Level (G)       :arlene Rhodes         November V/S - General Level (G)       :arlene Rhodes         Image: Vorking with Abuse Survivors       /like Larson         Region 1 Crisis Diversion Office       fodule A: Organizing, Recording & Reporting, Third Thursday Foster Care Recordkeeping       oi Gibson         Image: V/S - Parent (P)       ori Leskovec       ori Leskovec		• May	)IS – General Level (G)	Carlene Rhodes
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	• Septembe r	SP Team Appointed Health Care Rep	oanne O'Connell, MA
	• Septembe r	1odule C: Tracking Resident Money, hird Thursday Foster Care Recordkeeping Series	<sup>·</sup> oi Gibson
	• October	1odule A, Organizing, Recording & Reporting, Third Thursday Foster Care Recordkeeping Series	<sup>`</sup> oi Gibson
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	• December	1odule C: Tracking Resident Money, hird Thursday Foster Care Recordkeeping Series	<sup>°</sup> oi Gibson
Host & Assigned Mo	nth	Assigned Class Topic	Instructor(s)
Riverside Training Centers	• February	ual Diagnosis	ames Clay, Psy D
Sally Gibson	• February	NS – General Level (G)	ally Gibson
	• April	NS – General Level (G)	ally Gibson
	• June	NS – General Level (G)	ally Gibson
	• Septembe r	NS – General Level (G)	ally Gibson

	October	IIS – General Level (G)	ally Gibson
	December	r IIS – General Level (G)	ally Gibson
Specialty Family Homes	• February	abels for Jars	ori Thompson, LCSW
STAR	• April	iuardianship	Jisability Rights Oregon
Trillium	• Septembe r	sychotropic Medications	ori Olson, MHPNP
TVW	• May	ocial-Sexual Supports	hanya Luther, M Div
Up & Out, Inc	• January	low to be a CO-OP Member: for current CO- OP members only!	/alerie and TBD
	March	mployment Topic	lobynn Hoffman
	• June	low to be a CO-OP Member- for current CO- OP members only!	/alerie and TBD
Washington County	• May	1andatory Abuse Reporting	Ceri Ridenour
	Novembe	rsP Team Appointed Health Care Rep	ori LeDuc
Westside Community Focus	• June	he Autistic Perspective	Indre Joyce

**Classes on this Annual Plan are <u>Minimum</u> expectations!** Two months AHEAD of the class month each Assigned Host must contact the instructor/s, coordinate a date, cost, class site, & course description, then draft & send a flyer to the CO-OP "E-Mail Keeper". Once publicized, host handles registration, payments, & creates roster. On day of class, host sets up food, coffee, equipment, check-in, evaluations & completes a final report.

CO-OPerative Instructor Resources					
Subjec	Subject to change without notice to full CO-OP membership				
Name/Contact Info	Mailing Address	Topics	Rate & Other Info		
Genevieve Athens Autism Lifespan Coach (503)803-8308 www.autismlifespancoach.com		Autism topics; Sibling Support; Puberty & Sexuality; Autism Risk & Safety Mgmnt; Building Social Skills Across the Lifespan; Workplace Accommodations; for High Functioning Autism;	FEE = \$300-600 with additional mileage if outside of PDX area. Will provide handouts for copying		
		Letting Go for Peace of Mind			
Marilee Bell Seniors & People with Disabilities		Many Topics including "Writing Well"	NO FEE Ability to do Power Point		

Marilee.Bell@state.or.us			
<b>Miriam Berman</b> 503-234-3785	6224 SE Main St Portland, OR 97215	Sign Language 1 Sign Language 2	Masters in Deaf Ed & Special Ed, Child w/autism FEE NEGOTIABLE
Tammy Bradley Regional Asst 1-888-505-2673 Local: 503-642-0226	OR Parent Training Ctr 1745 State St Salem, OR 97301	IEP Transition Transition to Kindergarten	Specialty - Ed for child w/disabilities. Tammy brings PowerPoint & handouts. NO FEE
James Clay, Psy D Clinical Psychologist 503-551-6356 jclay@orgegonrehabilitation.org	Oregon State Hospital also works with ORA	<ul> <li>1) Psychopathy- Can it happen in this population?</li> <li>2) Post Traumatic Stress Disorder- nightmare for ID/DD individuals. Proper diagnosis and treatment.</li> <li>3) What the %%^&amp; do we do? Best practices in a living, changing, population</li> <li>4) Working with a Team. How can I make a real impact?</li> <li>5) Borderline Personality Disorder- I hate you, don't leave me</li> <li>6) Positive Progressive Discipline- All managers hate it, but we have to do it. How to be effective</li> <li>7 Advancing your career- What do you want to be doing in 2</li> </ul>	FEE = \$500-750 per day depending on class size & length

DHS SPD Office of Licensing & Quality Care Supervisor, Deb Cateora 503-947-5165	Attn: [name of person] 500 Summer St NE #E13 Salem, OR 97301	years, 5 years, 10 years? 8) Basics of Dual Diagnosis Fatal 4 – 4 or 6 hrs Med Admin – 2 hr PICA Diabetes	Host responsible: overhead projector, screen, Handouts - prefer a pkt, Sign in sheet - needs job category of attendee NO FEE
Lynda Devery, RN prof.ed@live.com	6212 SE Lake Rd Milwaukie, OR 97267	MEDICAL TOPICS: Medication Administration, Medication Errors, Medications Documentation, High Blood Pressure, COPD, Congestive Heart Failure, 1st Aid/CPR, Alzheimer's/ Dementia; Diabetes	FEE = \$175 per hour/Most classes 4 hours
Brian Fallon Access Ability 503-901-5321 brihorse@yahoo.com			
Epilepsy Foundation of the Northwest 503-228-7651 Karl Baumann <u>www.epilepsynw.org</u>	5251 NE Glisan St #A203 Portland, Or 97213 contact : Brent Herrmann	-Brainstorms: Seizure Causes, Effect, Control – 2.5 hrs	Prefers a longer class time. Needs: TV/VCR Handouts: she will bring, needs accurate head count FEE = \$100
Name/Contact Info	Mailing Address	Topics	Rate & Other Info
Tony Farrenkopf PhD (Clinical Psychology) 503-225-0498	2256 NW Pettygrove Portland, OR 97210	-Victimization Prevention -Abuse Survival & Recovery	Classes: ½ day of 3 or 3.5 hrs w 15 min break & Q&A time. Needs: white board

503-810-5192 or	Portland, OR 97217	her specialty.	ability to use Power Point system to
Stephanie Hunter,	7516 N. Brandon Ave.	Autism & children are	Needs Computers or
Dorris.A.Hollums@state.or.us		-Medical Topics	
Fax: 503-373-7274		-PICA	
State RN Phone: 503-947-1142	Salem, OR 97301-1063	-HCR	
Arlene Hollums, RN	Oregon DHS DD Office	-Fatal Four	NO FEE
503-881-9663	Mt. Angel, OR 97362		
George Hall	PO Box 989	Behavior Topics	
leegreer@fastmail.fm			MORE for out of PDX area or prep for a new class.
No voice mail.		-Values & Rights	Class size: 12-20
503-239-8569		-Basic Behavior	FEE = \$75 per hr for
Consultant		Justice System	for her.
Lee Greer	Prefers E-Mail	-Parole & Probation & Criminal	Needs: white board & markers; copying
		-OIS Mentor Trainer	FEE = TBD
		Third Thursday Foster Care Recordkeeping Series	
toinae.gibson@multco.us		Resident Money	
503-988-6389		-Mod C: Tracking	
Region 1 Crisis Diversion Office	Portland, OR 97204	Recording & Reporting	
Toinae Gibson	421 SW Oak St #640	-Mod A: Organizing,	FEE = \$15 per person
		& Vicarious	
		Recovery - Burnout Prevention	class.
		- Abuse Survival &	\$450 for 3.5 hr
		Prevention	FEE = \$390 for 3 hr class
		[abusers] -Victimization	Friday class days.
		Prevention	copied. He prefers
Fax 503-225-0499		- Sexual Abuse	or flipchart w/markers, handouts

OTAC at 503-364-9943 (Salem) <b>Bob Joondeph</b> Disability Rights Oregon 503-243-2081 <u>bob@disabilityrightsoregon.org</u>	610 SW Broadway Suite 200 Portland, OR 97205 <u>www.droregon.org</u>	-Visual Communication -Board maker -OIS (Agency Level so far) Guardianship	broadcast. If working for OTAC must go through OTAC to train.
Patty Landers, RN 835 Empire St NW Salem, OR 97304 503-910-6109	patty.landers@comcast.net	Fatal Four LIVE	FEE = 2 hours \$150- 200 (\$75-100/hr)
<b>David Langlois</b> 503-422-8203	<u>dr.langlois@comcast.net</u>	-Understanding Behavior; -OIS -Sexually Inappropriate Behav	Works frequently with Mike Larson. Needs: white board w/markers. FEE = \$75 per hr
<b>Mike Larson</b> 503-788-2731		-Autism 1, ½ day -Autism 2, full day -Understanding Behavior -OIS -Sexually Inappropriate Behavior	Autism 2 will be a small class. Need: white board w/markers. FEE = \$75 per hr.
Lori LeDuc, Wash County DD 503-846-5750	Lori_leduc@co.washington.or.us	-Disability Awareness -Health Care Representative	NO FEE

Lisa Leiberman MSW, LCSW	15100 SW Boones Ferry Rd #750 Lake Oswego 97035 503-697-5956	-My Child is Different & Sometimes it Hurts [parents] -Living w Disability in the Family	Counselor, psychotherapy. Son w/autism; husband w/MS. Couples counseling. Needs: PowerPoint &/or overhead projector; handouts. Likes to know attendees i.e. what disabilities their child has; copy of flyer. FEE = \$100/hr or >
Lori Leskovec Region 1 Crisis Diversion Office 503-988-6386 <u>lori.leskovec@multco.us</u>	421 SW Oak St #640 Portland, OR 97204	-Module B: Medication Management Third Thursday Foster Care Recordkeeping Series -OIS Parent (P) -OIS General (G)	FEE = \$15 per person NO FEE FEE = TBD
Name/Contact Info	Mailing Address	Topics	Rate & Other Information
Shanya Luther, M DivAmong Friends503-332-8783shanya@among-friends.orginfo@among-friends.org419-262-2330(Assistant, Kathy Stenfors)	Office: 1675 SW Marlow Ave #303 Portland, OR 97225	Topics: -Social Sexual Supports -Positive Behavior Supports -Boundaries/Personal Space -Consensual touch -Hygiene -Reproduction -Safer Sex -Social skills, dating -Masturbation/safe practices	FEE=\$ 80-100/hr range Shanya has access to a small training room available for up to 20-25 through her office tenancy.

		-Sexual health	
Diane Malbin FASCETS 503-621-1271 Cell = 503-888-2107	15500 NW Ferry Rd #L Portland 97231	Understanding Fetal Alcohol SRO, 3-4 hrs	High audience response. Equip: overhead, transparency sheets, overhead markers, slide projector & screen, TV/VCR, white board. Handouts: you do. FEE = \$1,500 for 6 hr seminar. CEU's available by request
Joan Guthrie Medlen, M.Ed.,RD,LD 503-292-4964 Joan@disabilitycompass.org TwitterID: jmedlen www.DownSyndromeNutrition.c om TwitterID: CompassTweets www.SDRI-pdx.org/CO-OP	1750 Skyline Blvd., Suite 102 Portland, OR 97221	Down Syndrome Nutrition	
John Munzer 971-221-7721		OIS	Independent OIS trainer. Prefers teaching weekends and evenings but not exclusively.
John Mushlitz Consultant, Access Ability 503-762-5063	10261 SE Insley Portland 97266 Cell 503-317-5880	-OIS General (G) – 2 days, -OIS Individual Focus (IF) – 14 Hrs	Need: white board or flipchart & markers, handouts copied. FEE = \$700/2-day session

Meg Nightingale	5416 SW Matha Terrace	-Guardianship & Alternatives	Need: white board & markers.	
503-768-3903	Portland, OR 97201	-ADA	Handout: you do.	
		-Conflict Resolution	FEE = \$150 per hr.	
Joanne O'Connell, MA Region 1 Crisis Diversion Office 503-988-6387 Joanne.oconnell@multco.us	421 SW Oak St #640 Portland, OR 97204 Portland, OR 97204 -Module B: Medication Management Third Thursday Foster Care Recordkeeping Series -Health Care Representative -OIS General (G)		FEE = \$15 per person NO FEE FEE = TBD	
OIS Mentor Trainers or	http://ois.asioregon.org/?page_i d=282	OIS	Authorized by OIS Steering Committee	
Independent Trainers For most current, accurate list of instructors & instruction level contact ASI Oregon		General (G) Individual Focus (IF) Crisis (C)	to teach statewide	
Lori Olson, MHPNP	503-224-6446 503-224-8878 fax	Variety of subjects for Dual Diagnosis (MRDD and MH)		
<b>OrPTI</b> 503-581-8156 1-888-891-6784	2295 Liberty St NE Salem, OR 97301 Victoria Haight <u>www.orpti.org</u>	IEP & Transition Issues, many other topics in cooperation with Swindells Center at Providence	NO FEE	
OTAC Oregon Technical Assistance Corp 503-364-9943	3886 Beverly Av NE, #I-21 Salem, OR 97305	-Autism Awareness; -OIS; - Co-Occurring (MH- DD) Dx.; -Fragile X Syndrome;	FEE = \$650-900	
		-Personality Disorders Related to Childhood Abuse;		

		-Fetal Alcohol & Drug SRO; - Post Traumatic Stress DO;- Environmental Design and Structure & Visual Strategies; Person Centered Planning	
Name/Contact Info	Mailing Address	Topics	Rate & Other Information
Parole & Probation Panel (will vary per availability and priority)	Jean Dentinger jean.m.dentinger@multco.us Katie Lentz <u>katie.lentz@multco.us</u> Michelle Campbell <u>michelle.campbell@multco.us</u> John McVay, PPO john.s.mcvay@multco.us MaryClaire Buckley <u>maryclaire.buckley@psrb.org</u> Rich Nakanishi <u>rich@resideresidential.org</u> Brad Heath, SOCP Manager	Matt Bighouse, Facilitator/ID/DD	
Christie Perez Clear Perspective LLC 971-241-2639 perez9703@frontier.net	PO Box 1404 McMinnville, 97128	OIS	
Bryan Pollard Abuse Investigator Clackamas County 503-557-2874 <u>bryanpol@co.clackamas.or.us</u>	PO Box 2950/2051 Kaen Rd. Oregon City 97045	Understanding Protective Svcs & Required Reporting	<ol> <li>1.5 hr class</li> <li>Need: none.</li> <li>Handout: he does.</li> <li>NO FEE.</li> </ol>
Jane Rake 503-493-9383	3142 NE 45th Ave Portland, OR 97213	Autism 2, other autism based topics	Autism and Asperger's specialist.

Jane.rake@gmail.com			FEE = \$75 per hr.
Keri Ridenour Abuse Investigator Washington County DD 503-846-3135 Keri Ridenour@co.washington.o r.us		Mandatory Abuse Reporting & Protective Services	
Robin RoseConsultant503-873-3649rkrose@worldnet.att.netShauna Signorini,Involve Families LLC503-550-9520shauna@involvefamilies.com	2745 105 <sup>th</sup> Ave NE Salem 97301 PO Box 84 Troutdale, OR 97060 www.involvefamilies.com	6 hr workshops -Positive Attitudes -Working w/People -Stress Mgmt -Manage The Team; -Trauma, Resilience and Aces; -Mental Health Treatment Options; -Self-Care for the Caregiver	VERY popular. Need: overhead, flipchart, markers Handout: you do FEE = <b>\$1,200 (but</b> <b>good!)</b> FEE = \$100 per hour. Provides own projector and copies. Gresham Training facility for 25 people.
Steve Smith Attorney 503-248-9535	1100 SW 6 <sup>th</sup> Ave #1504 Portland 97204	Wills, Trusts, Guardianship – 2 hrs with more if needed for Q&A	Need: white board & markers. Handout: he'll do but needs # of attendees & Names of attendees NO FEE.
Leslie Sutton Oregon DD Council Policy Analyst		Guardianship	

503-945-9943			
Lori Thompson Specialized Consultation Svcs 503-232-2176 thompsonscs@comcast.net	PO Box 42658 Portland 97242	<ul> <li>-Fetal Alcohol</li> <li>Spectrum;</li> <li>-Prader-Willi</li> <li>Syndrome;</li> <li>-Pica;</li> <li>-Dual Diagnoses;</li> <li>-Labels are for Jars-Diagnosis</li> <li>is for People;</li> <li>-Aging &amp; Down</li> <li>Syndrome</li> </ul>	Needs: check w/Lori. Advanced scheduling, follow up & confirmation handout: you do. FEE = \$500 ½ day \$800 all day \$80 per hr
Dean Yamamoto, M Div BCC Providence Hospice Chaplin 503-215-2273 <u>dean.yamamoto@providence.org</u>		-DD & Dementia; -Supporting People through Death; -Hospice	

#### **Possible Training Site Locations**

These are resources suggested by others, but some information must be looked up in phone book or internet.

If you know or learn of other options please contact the Host Kit Keeper,

# Ken Hanson at <u>kenneth.hanson@thementornetwork.com</u> to share the information!

Name of Location	Address	Phone	Contact	FEE	Additional Info
Aging and Disabilities Services	600 NE 8 <sup>th</sup> St. Room 100 Gresham, OR 97030	503-988-6888	Sherry Ann	free	
American State Bank	2737 NE MLK Jr. Blvd. Portland, OR 97212	503-282-2216			
Beaverton Library; Mtg. Rm. B	12375 SW 5 <sup>th</sup> Beaverton, OR	503.644.2197			Call main # and ask for protocol. Check hours.
Beaverton Resource Center	12500 SW Allen Blvd. intersection of Allen & Hall	503.350.4071 resourcecente <u>r@beaverton</u> <u>oregon.gov</u>			Old Beaverton Library, remodeled with 2 meeting rooms available. Managed through the City Recorder's Office at City Hall, located at 4755 SW Griffith Drive. Groups scheduled on first- come, first-served basis. City reserves the right to cancel a reservation at any time. Hours: 7 days, 8am-10pm
Clatsop County					
Community Center					
Columbia River P.U.D.	Deer Island - Hwy 30				
Cube Space	622 SE Grand Ave Portland, OR	503-206-3500		\$25-50	2-50 people. Coffee and Tea Service Avail. \$25/hr sm, \$35/hr med, \$50/hr lg conf. room
Edwards Center	Aloha Community Center	503-642-1581	Chelsea Wegelt	\$40- 400	Comm. Rm- \$60 1/2 /\$108 full day Projector/Screen, 4 wall Speaker, Microphone (30 capacity) Dining Rm-\$200/\$400 Surround Sound, Projector/screen, Microphone, blue ray (95 capacity)

Goodwill Industries	5950 NE 122 <sup>nd</sup> Ave Portland, OR 97230	503-239-1711	Kelly Zeck		Kitchen- \$75\$135 \$50 Deposit goes toward cost 4 hrs = 1/2 day 20% discount for non-profits Coffee, Tea & Water service or catering avail for additional cost Max 65 people. Weekdays 7:30 am-5 pm. TV, DVD player, computer, projectors for power points, whiteboard, etc. Ask Wash Co DD for instructions.
Hillsboro Public Service Building		503.846.3150	Kendra		& contact. On MAX but parking is hard.
Name of Location	Address	Phone	Contact	FEE	Additional Info
Kaiser Permanente Town Hall	3704 N. Interstate Ave. Portland, OR 97227	503-813-3911 503-280-2995			Need to be authorized to use it. May let non-profit without cost. Must use their catering. Available between 5:00pm and 9:00pm only.
Kaiser Sunnyside		Fax # 503- 571-7910	Naomi Findlay		Holds up to 60 people max.
Kinton Grange Hall	19015 SW Scholls Ferry Rd Beaverton, OR	503-628-1229	Loretta		Holds 50-70 people
Leedy Grange Hall	835 NW Saltzman Rd Portland, OR PO Box 91152 Portland, OR 97291	503-629-5799 <u>vrb@teamwe</u> <u>b .com</u>	Virgina Bruce		Contact for rates
Legacy Emmanuel Hospital		503-413-2200	Ask for 'catering'	Yes	Must apply each time to use. No fee for non profits; #25 max seating
Legacy Meridian Park Hospital Community Education Center	19300 SW 65 <sup>th</sup> Tualatin, OR 97062	503-335-3500			Be sure directions get folks to the right building, NOT the main hospital.
Mentor Oregon (formerly DSI)	305 NE 102nd, Ste. 350 Portland, OR	503-290-1940	Ken Hanson		Meeting room holds 25 people.

Mt. Scott Park	5512 SE 73 <sup>rd</sup>			Vac	Cost but nice facility w/ several
Presbyterian Church	Portland, OR			Yes	options.
Multnomah Building	1021 SE Hawthorne (& Grand)	503-988-3701		No	pay to park across street or bus but parking charges.
Multnomah County Midland Library	805 SE 122nd St Portland, OR 97233 (122 <sup>nd</sup> just south of Stark)	503-988-5392	Midland Reference Desk (be sure the staff you talk to is <u>at the</u> <u>site</u> , as some calls get routed to Central)	No	4 blocks S. of Burnside MAX. Across from Fabric Depot. Cannot have people enter before 10am opening of library but you can get in by knocking on side door and asking library staff for access to meeting room for setup. DVD ok with their Movie Mate (they may be able to help set it up correctly for a big roll-down screen showing). Warning: their In-focus projector may have <u>no sound.</u> VCR can be hooked to in-focus but <u>sound</u> <u>won't project.</u>
Multnomah County Sheriffs Hansen Center Community Room	SE 122nd & SE Glisan	503-261-2810		No	Holds LOTS but check on # of chairs, no equip, only water is in bathrooms. Gym-like. Dress layers
	11731 SE Stevens Rd Portland, OR 97266	503-659-5683	Gary Cowles		Off 205 & Sunnyside in Clackamas
	800 NE Oregon St Portland, OR	971-673-0615	Jackie Warmoth	Free	Room 1 A hold 80 people. Adjacent cafeteria for optional caterer: Steve's Cafe 503-740- 8750.
Police Precinct – Northeast (Community Room)	449 NE Emerson Portland, OR 97211	503-823-5700		Free	Have a great-room, coffeepot, tiny kitchen w/sink. (near Killingsworth & MLK @ former Fred Meyer); heater sometimes doesn't work
	737 SE 106 <sup>th</sup> Portland, OR 97216	503-823-4800		Free	Available 9:30 am - 6 pm M-F. Seats 45 max at tables. If over 45 check chair supply. Coffeepots,

	(Off 205, Wash/Stark)				sink, screen, LCD projector/- overhead /TV VCR, DVD equipment there but need extra training to use.
Police Precinct - Southeast	4735 E Burnside St Portland 97215	503.823.2143	Shelly		Holds 30 (including tables & chairs), TV, small kitchen but no coffeepots
Polish Hall	3832 N Interstate Ave Portland, OR	360-936-6564	Alicia Fiszer	\$600 discou nt for non- profit & wk days	The hall holds 150 people. http://www.portlandpolonia.org /plba/rentals.html
Port City Development	2124 N. Williams Ave Portland 97227	503.236-9515 x110			Available for evening classes
Name of Location	Address	Phone	Contact	FEE	Additional Info
Portland Fire Department	•Station # 16 1715 SW Skyline Blvd, Portland, Max listed at 39. corner of Skyline and Westgate Drive just across Skyline from SDRI, CVI & up from Region 1 in Sylvan 'hood. Pizzicato & Muchas Gracias close by. Other sites are:	or direct line 823-3793 Online access	Cindy Gaulke		They will waive the fee for the County. See written policies for nonprofits. <b>Station #16</b> : There are only 4 tables so unless you use theatre style chair-only seating the max is really 24, and even that is quite cozy. No equipment, so everything is Bring Your Own! That means coffeepot, overhead, etc. There may be a screen there but that is all
	<ul> <li>Station #12</li> <li>8645 NE Sandy Blvd,</li> <li>Station #27</li> <li>3130 NW Skyline Blvd,</li> <li>Belmont Fire Station</li> <li>900 SE 35th Ave.</li> </ul>	from <u>www.portlan</u> <u>donline.com/f</u> <u>ire</u>			Station #12: max=52 people (big!) Station #27: max=18 Belmont Fire Station: max = 30 (and is often used for parties & private events so may be less available)

SE Portland				
Self Determination Resources Inc.	12770 SW 1st St (& Main) Beaverton, OR 97005	503 292-7142		Nice space, separate entry from street. Likely holds 20-30 (call for clarification). Former City Hall.
Tigard Grange Hall	13770 SW Pacific Hwy Tigard, OR 97223	503-639-9204		
	Beaverton	503-356-47XX with the XX for the station number		
	•Station #60			
	8585 NW Johnson St (close to Cornell Rd off Hwy 26)			
Tualatin Valley Fire &	•Station #61			Sites seat about 24-26 people,
Rescue	13730 SW Butner St			have coffeemakers and some kind of TV & player, but have varying DVD or VHS capacities and parking. Fee is waived for non-profit groups including counties.
Maps are available online	•Station #67			
at <u>www.tvfr.com/</u>	13810 SW Farmington Rd			
	Tigard, OR			
	•Station #51			
	8935 SW Burnham Rd			
	•Station #50			
	12617 SW Walnut St			
United Way	619 SW 11 <sup>th</sup>	503-228-9131		Large Training Space. Parking is
	Portland, OR 97205			DIFFICULT! On the Max Line.
Willamette Falls				
Health & Ed. Center	519 15th St.	503-657-6919		Rm can hold 48 / open for double amt. Also have auditorium.
Community Education Building	Oregon City, OR 97045			

# **Event Planning Guide:**



Time Frame	Tasks
Annually between October & December :	<ul> <li>Review "Host Kit" sent to you.</li> <li>Read your Annual Plan and Mentors available to assist you.</li> <li>Replace Host Kits with updates received from the "Host Kit Keeper".</li> <li>There is usually a fairly current version available as a download on the website, www.SDRI-pdx.org/CO-OP.</li> </ul>
12 weeks Before (3 months)	<ul> <li>Creat</li> <li>Event Plan.</li> <li>Dete</li> <li>rmine 3 – 5 preferred dates. Make sure these dates do not conflict with other significant events or</li> <li>religious holidays, especially other CO-OP classes (check the SDRI website). Double check by contacting the</li> <li>"E-Mail Keeper" for known scheduling that could create a conflict with your dates. Notify the "E-Mail</li> <li>Keeper" with the date you reserved for your training.</li> <li>Rese</li> <li>arch and secure training sites for event – Book venue. Ideal locations have free and ample parking, are</li> <li>centrally located, and may be accessible by public transit. Avoid downtown and distant, remote sites if</li> </ul>
	<ul> <li>possible.</li> <li>Cont</li> <li>act the proposed instructor about their availability on your proposed date. If you need suggestions for alternate presenters, contact the "Paper Keeper".</li> <li>Talk</li> <li>to the Instructor about the minimum &amp; maximum number of students for this class. Discuss set-up &amp; take down schedules, as well as, the supplies needed (equipment, handouts, certificates, snacks) and who will do what.</li> </ul>
	<ul> <li>Prep are projected event budget to calculate the class fees you need to collect from each student. Decide on your registration fee per person (see Fee Worksheet pg 26) and acceptable forms of payment. Typical fees are \$10-50 per student (more for OIS) in the form of checks or money orders unless you can manage credit card or cash purchases.</li> <li>We recommend you complete a simple Accreditation Request for AFH Training (pg 22) from the State's Training Credit Committee (TCC) so Adult Foster Care Providers in your class can get continuing education hours. At minimum, attach a copy of your flyer to the Accreditation Request for AFH Training (Form 1510) to reference instructor and class description and indicate "see flyer" on the Form 1510. Until you get final answer announce 'certification is pending'. For more information, go to the state web address</li> </ul>

	Crea
8 Weeks Before	e a one-page flyer(template pg 27) using Microsoft Word, including a <u>registration form</u> with all the information for class and send it as attachment to the <b>"E-Mail Keeper"</b> , <u>irene.lee@multco.us</u> with a copy
(2	to joanne.oconnell@multco.us as an attachment. This should be sent out approximately two months prior to the date of the class (For Example: for a June 20 <sup>TH</sup> Class, a flyer should be sent on April 15th). We
months)	want to provide enough flyer circulation time to fill your class, and reduce the risk of cancellation due to low registration. E-Mail <u>region.one@multco.us</u> if you are behind schedule.
	e what your refund policy will be and include it on your flyer. Typical policy is to refund any canceled class by decision of Host Agency or instructor. Consider refunding student cancellations when notified at least 10 working days ahead of class. Make clear there are no refunds for no-shows or lack of advance notice
	Cont rm with the "E-Mail Keeper" that your flyer was received. They should promptly check it over for errors, and then distribute it to all CO-OP member contacts. See for yourself whether the notice comes back to you as part of the group distribution.
	Set
	up a process to collect and process registrations on a detailed roster. Use the sample in the Host Kit (pg28 or design your own to collect additional detail. The designated class "Registrar" within your agency should have a copy of the CO-OP member list in order to determine who should be paying double as a non- member. Ask that person (your "Registrar") to additionally make note or tally the approximate number of hours spent doing registration. You will need this information for the final step's Completion Report (pg
	<mark>33</mark> ). □ Begi
	to receive registration fees and track their details and accumulation as they come in. Families of DD consumers and DD child or adult foster care providers are always allowed in at member rates. Fees for other non-CO-OP members are double those for CO-OP members except for OIS and HCR classes that are open to all at the member price (Non-members are generally staff of DD agencies who opted not to join the CO-OP). If you are not sure of an agency's membership status, check the members list in this Host Kit. If there is a strong question whether you will receive enough registration to cover costs for a class you ma consider holding checks back from processing until you have enough people registered to cover costs. If a class is canceled it may be easier to return checks than to issue refunds.
	Call
	to confirm registration for individual students or send an email to confirm registration.
	k the website at <u>www.SDRI-pdx.org/CO-OP</u> for the class to be posted. The Webmaster uses the "E-Mail Keeper" notices to update the website, about one week after received. If you have seen the E-Mail announcement, but your class posting does not appear on the website after one week, contact the
	Website Keeper.
	Sence
8 Weeks Before	want to E-Mail the flyer to other contacts outside the CO-OP such as classroom teachers, non-DD caseworkers, neighbors and others with potential interest in that specific class. It will be your agency's
cont.	choice to charge double the fee for those type of non-member students in your own class.
(2	Reserve equipment if needed; verify it is in working order. Arrange for an introduction to equipment operation if you need it before the class.

		Send
2 Weeks	an E-Mail request to the "E-Mail Keeper" irene.lee@multco.us with a copy to joanne.oconnell@mult	tco.us
Before	to send out a reminder E-Mail for last chance registrations, if needed. Say whether you will or will n	
	accept walk-ins on the day of class or if you want people to call you if they are too late to mail in fee	
		Obtai
	n the handouts or an original to make needed sets for the number of people you anticipate being in	the
	class or confirm with the instructor to bring the handouts on the day of class.	
		Asses
1 Week	s your registration numbers. If registration is less than the minimum number needed to cover the co	
Before	the class's instructor and other direct costs, the class may need to be cancelled. If there are no signi	
	costs for the instructor but the class does not meet the minimum number set by the instructor, the c may also be canceled; consult the Instructor. CO-OP hosting obligation will be considered met in eit	
	these cases so long as the class was publicized with a reasonable time frame.	
		Asses
	s any special accommodations that have been requested by registrants and make preparations as ne	
	to accommodate.	
		NOTE
	: Plan on providing at <u>least</u> 50% of the class capacity for CO-OP members outside your own agency, b	out
	any space remaining a week prior may be used for more host agency staff or small subcontractors.	
		lf you
	must cancel a class, see "Cancellation Procedures" below.	
		Prep
	are the Class Certificates and Evaluation forms. If you write or print the names of the registered stud	dents
	bring a few extra blanks for walk-ins or spelling errors. (Templates pg 31 & 32)	<u> </u>
1 Day	Lich # of attendage and grapte nometage (antional)	Estab
Before	lish # of attendees and create nametags (optional).	Send
Dejore	reminder E-Mail to attendees.	Jenu
		Send
	any updates to relevant volunteers and staff.	••••••
		Remi
	nd staff of any materials that they may need to bring.	
		Arriv
Event Day	e early!!	
		Arran
	ge the room and set up equipment. Brew coffee at least 30 minutes before class.	
		Ensur
	e requested special accommodations have been met.	1.
	ut simple spacks and housenages (soffee too spacking erackers muffing fruit etc.). Some sites is a	Lay
	out simple snacks and beverages (coffee, tea, cookies, crackers, muffins, fruit, etc.). Some sites i.e. I Portland Police Precinct, have their own coffeemaker to use, but you will always need to bring in cur	
Event Day	napkins and other items, and <u>clean up afterward</u> .	<i>J</i> 3,
cont.		Set
com.	up registration. Be sure you are ready to receive people at least 30 minutes prior to the start of your	
	event. Ask each person to sign in as they arrive. If you are accepting walk-ins, be prepared to accep	
	registration fees at that time. Give handouts and evaluation forms according to instructor's preferen	
		Run
	through equipment with speaker (if needed).	
		Have
	instructor sign previously prepared Certificates of Completion. Do not hand out any certificates unti	
	end of class except in unusual or prearranged circumstances. If people miss a half-hour of class or m	nore

	please make note on their individual certificate the reduced time and your initials. (for example, 1.5 of training due to late arrival)	hours
		At
	the appointed starting time, introduce the instructor warmly and explain any logistics about restroom	
	parking, silenced phones etc. You may want to explain the CO-OP's purpose and function briefly as v	
	direct students to future classes. In some cases there may be an upcoming topic that relates to the	day's
-	topic you may choose to promote. (Such as Autism 2 to an Autism 1 class).	
		Than
Event Day	k everyone for coming, thank instructor publically and lead a round of applause for instructor.	
(after)		Colle
	ct Evaluations and hand out Completion Certificates as people leave.	
		Offer
	the instructor a chance to read over Evaluations (during clean up), and/or to scan & email the docs.	
		Clean
	up the classroom; return chairs and tables to their prescribed formation, clean out coffeepots, etc.	
		<u>Pay</u>
Within 2	the trainer the agreed fee, if any, plus any other agreed upon charges for space, copies or equipmen	
Weeks		Tally
Post	time spent and costs and money received for this class to include in the Completion Report (pg 33).	
		Scan
Event	and send a copy of the Completion Report, final Roster, evaluations and handouts to the "Paper Kee	•
	This information will be filed and kept for future reference or to establish in-kind contribution for an	У
	future grant proposals.	
		Tell
	us about your experience. Pass along anything you learned, or offer us some advice for the future. E	mail
	responses to <u>region.one@multco.us</u> .	

**Congratulations, you're DONE!** Hopefully these detailed instructions aided you in hosting a class smoothly. You can designate any fees you collected, in excess of direct costs, to enhance or help support other training activities for your own agency.

#### Cancelation Procedures

If a class must be cancelled, immediately:

- Email EVERY registered student (or their agency contact)
- Email the "E-Mail Keeper" to send out a cancellation announcement.
- •We also suggest you post a sign at the classroom site to inform any last minute walk-ins or anyone you were unable to reach by phone or E-Mail about the cancellation.

#### Disability Accommodations

CO-OP Hosts will make disability accommodations whenever possible.

- Class participants must request accommodations 2 weeks in advance or as soon as possible. Accommodations may include: larger font handouts; reserving a seat on an aisle, closer to the sound output or visual displays; allowing an aide or interpreter into the class.
- The hosting agency will inform the participant when a requested accommodation cannot be met. Then the participant or his/ her employer should attempt to meet the accommodation for that individual.

#### **Class Approval for Foster Care Training Hours Credit**

Foster Care Providers now need their training hours & classes to be approved by the state office of Seniors and People with Disabilities Adult Foster Care Training Accreditation Committee. A copy of the "Request for AFH Training Credit form" (SDS 1510) is provided in the Host Kit.

Completing this form for Foster Care Providers attending your class and submitting it to SPD by E-Mail as listed on the form is not mandatory, but a very helpful service you can provide. Foster Care Providers need to complete 12 to 14 training hours per year (different cycles) and are likely to enquire if the class has been approved by the state for 'accreditation', and for how many hours

	Mail to:	DHS – AFH Trair	ning Credit Committ	ee				
Лич		500 Summer St. NE, E-09, Salem, OR 97301-1074						
Oregon Department of Human Services	Fax to:	AFH Training Co	ommittee 503-947-4	245				
Oregon Department of Human Services	, E-Mail to:	AFHTraining.spo	d@state.or.us					
Adult Foster Home (	AFH) Training Cr	edit Request and	Web Posting Form					
Requests may take up to 1 month for review. Pleas	e allow adequat	e time prior to yo	ur training event to	submit the request. Please				
read instructions attached to this form. You will be	contacted if the	e committee can't	process the request	t because of an incomplete				
submission.								
			Request	date:				
Constrained								
Section 1 Intended adult foster home audience (check all tha	t may apply):							
	ging and People v	with Disabilities		velopmental Disabilities				
Indicate if training is for: Business credits Spec								
Title of training/conference:		Credit hours requested:						
Training date/s: Location:			Start time:	End time:				
Submitted by:	Ager	ncy and Title:						
Phone: E-Mail	:							
Limits on participation (i.e. "local AMH providers" or	ıly): ☐ Yes 🗌 N	0						
Describe limits:								
DELEGATED AGENCY APPROVAL: Is this a post-to-web only submission? Yes 🛛 No								
Section 2								
Name and contact information of presenter/instructor/training sponsor:								
Sponsoring Organization:		Name	of contact:					
E-Mail:		Name of trainer:						
Trainer E-Mail:		Dł	ono:					

# Instructions for Completing SDS 1510

The Adult Foster Home (AFH) Training Credit Request and Web Posting Form are used to serve two purposes.

- The primary purpose is to submit training requests to the Department of Human Services (DHS)/Oregon Health Authority (OHA) AFH Training Credit Committee (TCC) for course approval.
- The second purpose is to submit training events for posting to the AFH training website that do not require course approval from the TCC.

Please read the instructions carefully to ensure that you are providing all necessary information for the appropriate purpose.

# Instructions for Completing SDS 1510

<u>Prior to submitting any requests</u>, check the <u>AFH Approved Training website</u>, as the course may already be approved. If the course is already approved, <u>do not</u> send in a request for the sole purpose of receiving a "certificate" or verification of course approval for licensure. The TCC <u>WILL NOT</u> provide certificates of attendance or participation.

## If submitting training for posting to website only:

- Check that <u>all</u> criteria (*listed below*) for agencies with delegated approval authority are met for the organization and training event prior to submitting training for posting to the web.
- Completion of Sections 1 and 2 are required for all trainings. Portions of Section 3 may be completed if additional information is to be added to the posting, including registration information.
- Only trainings that meet the intended training requirements of the AFH Providers will be posted to the web.

## Criteria for agencies with delegated approval authority

- (1) Courses provided or sponsored by staff from the following organizations will not require approval from the AFH Training Credit Committee when the training meets requirements under applicable OARs and presented to the provider types for which the delegated organization has oversight. Only the AFH TCC may extend the approval to AFH provider types not within the delegated organization's authority.
  - Oregon Long-Term Care Ombudsman
  - Office of Licensing and Regulatory Oversight (OLRO)
  - Office of Adult Abuse, Protection and Investigations (OAAPI)
  - AFH Licensors with authority over OHA or DHS AFHs
  - DHS/AAA or AMH staff with management approval
  - County Mental Health Residential Specialists
  - Oregon Home Care Commission (OHCC)
  - Oregon Technical Assistance Corporation (OTAC)
  - Community Developmental Disabilities Programs (CDDPs)
- (2) The specific courses, offered by the organizations listed below will not require approval from the AFH Training Credit Committee.
  - Fire and Life Safety Courses offered by the Oregon State Fire Marshal, Federal Emergency Management Agency (FEMA) staff, American Red Cross or local Fire and Rescue authorities;

- For Addictions and Mental Health Division (AMH) and Developmental Disability (DD) AFH providers only, First Aid and CPR courses provided by or endorsed by the American Heart Association, the American Red Cross, American Safety and Health Institute, including MEDIC First Aid.
  - Aging and People with Disabilities (APD) AFH licensing rules do <u>not</u> allow First Aid or CPR courses to count toward the continuing training requirements.
- Oregon Intervention System (OIS) Training for DD Adult Foster Homes only;
- Bloodborne Pathogen training provided by Occupational Safety and Hazard Administration (OSHA).
- <u>Submitting Trainings to be approved by the Committee:</u> Please fill out <u>ALL</u> sections of the form completely and include any required materials. Requests may take up to one month for review. Please allow adequate time prior to your training event. An approved course is valid for 12 months from the date of approval. Any requests received without required materials will not be processed.

*Note:* Annual conferences must be approved each year. There may be some sessions within a conference that will not require prior approval from the committee, while other sessions may not qualify for training credit hours.

## Section 1

- Intended audience Indicate which AFH provider type/s you are submitting for. The AFH Training Credit Committee (TCC) will review the materials for approval of all applicable programs. The AFH TCC may extend the approval to AFH provider types not indicated on the request form.
- **Training information** Make sure this information is complete. In order to properly post the training to the website, it is critical that we have the following information:
  - ✓ Title of training
  - ✓ Training credit hours requested (Note: Training credit hours cannot be allowed for meal periods, vendor fairs, keynote speakers or product demonstrations. Time should be in ½ hour increments.)
  - ✓ Date(s) and time(s) of training if known when submitting request
  - ✓ Cost of training State any costs. If part of a membership fee, state that
  - ✓ Location of the training List the web-site or physical location
  - ✓ Submitted by This should be the name of the individual who the committee may contact for questions and for the approval. Please include title, agency, phone number and E-Mail address
- Limits on participation Indicate if there are limitations to attendance. (For example: "Staff of Homer's AFH only" or "Limited to 30 attendees.")
- **Post-to web only submission** Indicate if this course meets the '*Delegated Approval Criteria*' from above and is simply a submission to post to the web-site.

#### Section 2

• Name and contact information of presenter/instructor/trainer sponsor – This section must be completed.

- ✓ Include any sponsoring organization and the actual presenters of the training.
- **Training format** (choose one) Indicate the format of the training presentation. If "other" is selected, please describe the format.

#### Non-classroom training:

Books, journals, web-sites, articles, self-study training, videos/films and electronic media will be reviewed by the AFH TCC **only** if those materials are part of a formal training event, in which learning objectives are established and measured.

## Section 3

• Description and applicability — Requests must clearly describe the course content and must demonstrate the applicability to skills needed to provide support in the AFH. Approval of credit hours will not be granted for offerings that have no direct relationship to skill development for the provision of care in the AFH setting or applicable business credits allowed. Do not submit certificates of completion; instead submit any training materials that you have such as PowerPoint slides, handouts and copies of the tests participants must take to receive a certificate.

# ✓ Types of requests that will be declined may include:

- Personal tax preparation time or personal financial planning
- Courses geared for medical professionals
- Self-help or self-awareness courses
- Product demonstrations
- Subscriptions, circulars, DVDs, literature without clear educational components and training objectives that are evaluated
- Individual Service Planning (ISP) and RN delegation
- ✓ Types of requests that may be approved include:
  - Training specific to a disability or diagnosis that is not medical in nature, requiring specific care (*Alzheimer's, diabetes, autism, depression, etc.*)
  - Documentation and recordkeeping for AFH
  - Mandatory Abuse and Protective Services
  - Nutrition and meal planning
  - Infection Control

**Required information** — Submit <u>all</u> required materials along <u>with any supplemental information</u> and check each box as it applies to any supplemental materials you are sending *(course outline, handouts, registration form)*.

# Required information includes:

- **Course curriculum** may include a detailed description of the presentation, copies of slides and/or handouts that are provided as part of the training.
- Learning objectives must be described clearly.
- **Course agenda** with anticipated timelines is required.

#### **Finances for Hosting Classes**

If you host a class that requires using an outside trainer who charges a fee, there are a few things to keep in mind. First, **no CO-OP member should accept substantial financial loss as a result of being a member of the CO-OP.** Second, you can avoid taking a financial hit for hosting a class:

- 1. Charging too much may put people off, but charging too little risks not covering costs, so a resulting loss or cancellation. CO-OP classes typically are \$20 to \$40 per student, OIS typically \$95+ in 2017.
- 2. When you are negotiating a rate/contract with the trainer , ask these questions in addition to all the other logistical questions:
  - a. What is the maximum number of students you will allow in the class? How many would you be comfortable with as a minimum? How many have attended this class in the past, if any?
  - b. Are there printed materials? Do you provide them? Is that cost in your fees?
  - c. Will you sign a contract and/or commit that this training that will allow for a 1-week cancellation notice with NO CHARGE if we are unable to get enough students to cover the costs?
- 3. Calculate the total cost to your agency based on the following:
  - a. Instructor fee;
  - b. Printing costs of materials, handouts and flyers;
  - c. Snacks and beverages if you are providing;
  - d. Room reservation fee if you are not using free space;
  - e. Number of your staff attending (how much would you be paying to send them elsewhere to receive the same or similar training)
  - f. Number of attendees that the trainer or space will allow.
- 4. After considering all of the above cost factors, you are ready to calculate the registration fee you will charge participants. When you calculate the costs per person, assume you may fall short a few registrants. Set the **minimum** number of registrants you need to be comfortable with your agencies costs.
- 5. Advertise your class two months in advance. If within 2 weeks of the class you are not near your minimum number of registrants, contact the "E-Mail Keeper" to send a reminder notice. If within 1 week of the class you do not have enough registrants to recoup enough of your costs, cancel the class by notifying the instructor and all of the registered students AND refunding their fees.
- 6. See the attached fee worksheet for figuring out costs and registration fee.

## FEE WORKSHEET SAMPLE:

# Background: Anticipated # of students: 15-25; In this example, if you have 21-25 students, you'll realize a little profit.

Description	Cost per unit	person	Total cost
Instructor Fee	\$300.00		\$300.00
Room reservation	\$0.00		\$0.00
Materials & photocopying	(\$.05/copy x 32 pages) \$1.60	25 STUDENTS	\$40.00
Snacks estimate	\$2.00	25 STUDENTS	\$50.00
		Total cost:	\$390.00
Minimum # students at \$10	\$390/10 STUDENTS=\$39		
Minimum # students at \$15	\$390/15 STUDENTS=\$26		
Minimum # students at \$20	\$390/20 STUDENTS=\$19.50	most likely choice <del>)</del>	\$20/student
	\$20 x20=\$400	Minimum # students needed to hold the class at \$20/person	20 students

Your Host Agency Name HERE, as part of the Region 1 DD Training CO-OP, offers:

**Enter Name of Class HERE** 

Instructor: XXXXXXXXXXXX

Date: XXXXXX (include day of week)

Time: XXXXX

#### Cost: per registrant \$xx/person (CO-OP member rate)\*

\* Member agency affiliates/staff, DD foster providers & family members of people case managed by Multnomah, Clackamas, Washington, Clatsop or Columbia County DD may pay member rates. But rate DOUBLES if no CO-OP Member/agency affiliation (except for OIS and HCR classes).

people via County

#### This class is approved for 2 hours of AFH training credit.

Most Region 1 I/DD Training CO-OP classes are previously approved topics and trainers geared to the informational needs of direct care professionals supporting individuals with Intellectual or Developmental Disabilities in settings including, but not limited to, AFH-DD's see application in forms.

To register: Use form below. Send check or money order (no cash nor credit cards) to:

## Agency name, Attn to XXX, mailing address/zip

## Questions? Contact: Name, Phone # and E-Mail address

CO-OP classes are self-funded & rely on advance registration or may be cancelled if unable to reach minimum enrollment. If cancelled, all registered will be notified. For more CO-OP classes & member info: <u>www.SDRI-pdx.org/CO-OP</u>.

REGISTRATION & PAYMENT FORM: (INSERT CLASS NAME & DATE HERE)

Name(s)	Phone Num	ber	E-Mail	E-Mail		
Agency/Provider	Foster Home? 🗆 Y / 🗆 N	Mailing address	City	State	ZIP	
Training CO-OP m	ember? 🗆 Y / 🗆 N (Fee DOU	BLES for non-member	rs*) Enclosed \$			

Please send this registration form and check payable to "XXX" to:

Agency name, Attn XXX Mailing address

## CLASS ROSTER – Region 1 DD Training CO-OP

Host Agency: Class Title:

Class Instructor: Date: Location:

#### PLEASE PRINT LEGIBLY \*AFH = Adult Foster Home, CFH = Child Foster Home or Family of individual receiving DD services

Name	Agency/AFH/ CFH/Family*	Pd? Y / N	СК#	Phone/s	E-Mail	Address	County	Member? Y/N
			ļ					
			<u> </u>					

Host Agency: \_Date: \_

Instructor's Name: \_ Class Title: \_

5 = Strongly Agree

4 = Agree

-

- 3 = Unsure / Neutral
- 2 = Disagree
- 1 = Strongly Disagree

	Rating	Comments
This material is useful to me.		
The handouts, visual aids and activities are helpful.		
The amount and level of information was appropriate for me.		
The speed and pace was reasonable.		
I learned what I needed and/or wanted to learn, to be useful in my work.		
The presentation was organized and easy to follow.		
The instructor[s] was knowledgeable in the subject.		
The instructor[s] was clear and easy to understand.		
The meeting room and facilities were adequate and comfortable.		
I will recommend this class to others.		

1. Main reason for attending (2 one): 2-hour credit Content other:

2.	Overall rating of class:	□ Excellent	□ Very Good	🗆 Good 🛛 Fair	🗆 Poor
3.	Overall rating of instructor[ၭ	s]: 🛛 Excellent	□ Very Good	🗆 Good 🛛 Fair	□ Poor

4. What did you like most about this training?

5. What aspects of the training could be improved?

6. Please share other comments or feedback here:

Completion Certificate

[Host Agency Name] for the Region 1 Developmental Disabilities Training CO-OP

has completed

[Title of Training Here]

on

[Month, Day, Year]

From [\_\_:\_\_am] to [\_\_:\_\_pm] for [\_\_] Hours

at

[Name & location of training site]

Instructor signature: \_\_\_\_\_

Completion Certificate

[Host Agency Name] for the Region 1 Developmental Disabilities Training CO-OP

has completed

# [Title of Training Here]

on

[Month, Day, Year]

From [\_\_:\_\_am] to [\_\_:\_\_pm] for [\_\_] Hours

at

[Name & location of training site]

Instructor signature: \_\_\_\_\_

# Completion Report Complete after hosting a Region 1 Training CO-OP Class

Host Agency:	_CO-OP Contact:					
Contact Phone:	E-Mail:					
Class Title	Date of Class	Instructor[s]				
Total #registered attendees	# of No-Shows/#Walk-ins	<b>#CO-OP Attendees</b> (NOT from your own agency)				
	/					
Total # ATTENDED	Fee / Student	Total fees collected				
	\$	\$				
Direct expenses including instructor fee, site fee, handouts & refreshments \$	# of hours spent hosting, scheduling, coordinating, registration, class prep, certificate prep, class itself, clean up etc. PLEASE estimate (guess) a number of hours even if you are not sure or another person was helping.					

**Comments for future training:** 

Please attach a copy of the original roster indicating who registered in advance, walked in, and the agency and/or Foster/Group home each student is affiliated with. Send this Completion Report, copies of evaluations, any handouts and attachments to the Keeper within 2 weeks to:

Joanne O'Connell, CO-OP Paper Keeper (Acting)

E-Mail: joanne.oconnell@multco.us, or region.one@multco.us

Address: 421 SW Oak St, Ste 640, Portland, OR 97204

Phone: 503 988-6387

Thank you!

	Members of Region I DD Training CO-OP										
	subject to change without notice to full CO-OP membership										
	Member	Contact	Phone	Ext	E-Mail	Address					
1	Abilities at Work (Formerly OESCo)	Mary Jo Kessinger	503-774- 1667 503-516- 1190 FAX 503-641- 4639		<u>maryjok@abilitiesatwork.org</u> enolas@abilitiesatwork.org	134 SE 5 <sup>th</sup> Ave, Ste Hillsboro, OR. 97123					
2	Access Ability, LLC	Jane Rake	503-805- 4181 or 503-493- 9383		jane.rake@gmail.com	C/O Jane Rake 3142 NE 45th Ave Portland, OR 97213					
3	Albertina Kerr Center	Kari Seals Carol Dinsmore	503-408- 4701 503-262- 1118		<u>karolyns@albertinakerr.org</u> <u>carold@albertinakerr.org</u>	722 NE 162nd Ave Portland, OR 97230					
4	Among Friends	Shanya Luther	503.332.8783 503.406.6292		Shanya@amongfriends.org	1675 SW Marlow Ave, Ste 315 Portland, OR 97225					
5	The ARC	Vicki Smead	503-223- 7279	224	vsmead@thearcmult.org	6929 NE Halsey St Portland, OR 97213					
6	Changing Minds PBS	Kelley Gordham	503-936- 8633		laura@changingmindspbs.com kelleygordham@gmail.com	1434 NE McDonald Ln McMinnville, OR 97128					
7	Clackamas County DD	<mark>Kim Cota</mark>	503-557- 5814		<u>kcota@co.clackamas.or.us</u>	251 Kaen Rd ~ PO Box 2950 Oregon City, OR 97045					
8	Clatsop Behavioral Healthcare	Roger Bighill <mark>Carole</mark> Purtle	503-325- 0241	265	rogerb@clatsopbh.org carolep@clatsopbh.org	65 N Highway 101, Ste 204 Warrenton, OR 97146					
9	Coast Rehab Clatsop & Multnomah	Tom Pauken	503-491- 5005		tpauken@coastrehab.org	<u>Clatsop:</u> 65 N. Hwy 101, Ste 205 Warrenton, OR					

	County					97146
						<u>Multnomah:</u>
						2190 NE Glisan St.
						Gresham, OR 97030
10	Community	David Richmond	503-438- 2203 503-438- 2204		<u>davidr@ccmh1.com</u> <u>kasid@ccmh1.com</u>	5846 McNulty Wy St. Helens, OR 97051
11	Community Access Services	-	503-533- 4373	303	<u>crystal@cas-dd.org</u>	1815 NW 169th Pl, Ste 1060 Beaverton, OR 97006
12	Community Pathways	Marek Zbiegien	503-935- 5243		mzbiegien@communitypath.org	525 NE Oregon St, Ste 525 Portland, OR 97232
13	Community Vision	Alex Muller	503-292- 4964	127	amuller@csvision.org	619 SW 11th Ave, Ste 244 Portland, OR 97205
14	Solutions	Sasha Vidales	503-954- 9584		<u>sasha.vidales@creativegoalsolutions</u> .org marcus@creativegoalsolutions.org	1982 NE 25th Ave, #1 Hillsboro, OR 97124
15	Danville	Mike Oliver	503-228- 4401	106	moliver@danserv.com	9700 SW Capitol HWY #240 Portland, OR 97219
16	DePaul	Harmony Redmond	503-331- 3835		hredmond@depaulindustries.com	4950 NE MLK Jr. Blvd Portland, OR 97211
17	Dungarvin	Chrystine Deuel	503-624- 0205	8002	<u>cdeuel@dungarvin.com</u>	732 SW Hunziker Blvd Ste 101 Portland, OR 97223
18	Eastco Diversified Services	Susan Norman	503-667- 0613 503-309- 2456	Cell	snorman@eastcods.org	PO Box 470 Gresham, OR 97030
19	Edwards Center		503-642- 1581	209		4375 SW Edwards Pl

		Chelsea	503-975- 2740 503-686- 3713		Ihedlund@edwardscenter.org cweigelt@edwardscenter.org	Beaverton, OR 97078
20	Exceed	Shelley Engelgau Tammy Salinas	503-652- 9036			5285 SE Mallard Wy Milwaukie, OR 97222
21	FACT	<mark>Emil Braman</mark>	1-888-988- FACT (agency) 503-786- 6020 (contact)	218	<u>emily@factoregon.org</u>	13455 SE 97 <sup>th</sup> Ave Clackamas, OR 97015
	Member	Contact	Phone	Ext	E-Mail	Address
22	Sally Ashfield Gibson Consulting LLC	Sally Gibson	503-913- 9284		sgibson@spiretech.com	2733 SE 31 <sup>st</sup> Ave Portland, OR 97202
23	Goodwill Industries	Shelly ()' Niell	503-238- 6109			1943 SE 6th Ave Portland, OR 97214
24	Mt. Hood Adult Day Center	Tannya Garthe	503-512- 7373		tonnya@mthoodadultdaycenter.com	376 NE 219th Gresham, OR 97030
25	Multnomah Co.	Irene Lee Joanne O'Connell	503-988- 6396 503-988- 6387			421 SW Oak, Ste 640 Portland, OR 97204
26	On the Move Community Integration	Leah Gagliano	503-287- 0346		leah@onthemoveonline.org	4187 SE Division St Portland, OR 97202
27	Parks and Recreation	Dawn Hubbard	503-823- 4333		dawn.hubbard@portlandoregon.gov	426 NE 12 <sup>th</sup> Portland, OR 97232
28	Person Centered Behavior Strategies	Carlene Rhodes Heather Rhodes	971-404- 1435 503-502- 7981		pc.behavior@gmail.com hrhodes2044@hotmail.com	4674 SE Witch Hazel Rd Hillsboro, OR 97123
29	Rainbow Adult	Michele Barber	503-232-	101	rainbowadultliving@comcast.net	16432 SE Stark St

	Living		0394			Portland, OR 97233
30	Region I Crisis Diversion Office	Irene Lee Joanne O'Connell	503-988- 6396 503-988- 6387		Irene.Lee@multco.us Joanne.oconnell@multco.us	421 SW Oak St, #640 Portland, OR 97204
31	Riverside Training Centers Inc	Cindy Stockton Cindy Matzen	503-397- 1922	203 204	<u>cindy.stockton@riversidecenters</u> .com <u>cindy.matzen@riversidecenters .com</u>	PO Box 280 105 Port Av e St Helens, OR 97051
32	Specialty Family Homes, LLC formerly Schrader Family Homes	Angie Townsend	503.772.3364 360.608.2470		angtown@hotmail.com	11806 SE Solomon Ct Happy Valley, OR 97086
33	Self Determination Resources Inc	Michael Gmirkin -Web Mary Oliver Grant Wienker –class hosting	503-292- 7142	115	michael@sdri-pdx.org mary@sdri-pdx.org	12770 SW 1 <sup>st</sup> St Beaverton, OR 97005
34	STAR Group Homes	_	503-255- 7810	119	grant@sdri-pdx.org star.corp@earthlink.net	4204 NE 132 <sup>nd</sup> Portland, OR 97230
35	TVW		503-848- 4310 503- 649-8571		jbearman@tvwinc.com	6615 SE Alexander Hillsboro, OR 97123
36	Up & Out Inc.	Reagan Reid	503 796-0241		upandout@upandoutinc.com	521 SW 11 <sup>th</sup> , #304 Portland, OR 97205
37	Washington Co. DD Program	Josh Fulgham	503-846- 3122		josh_fulgham@co.washington.or.us	155 N First Ave, #250 Hillsboro, OR 97124
38	Westside Community Focus	Marla Watson Rachael Steinberg	503-222- 7332		maria@westsidecommunityfocus.org rachael@westsidecommunityfocus.org	1822 NW Overton St. Portland, OR 97209
39	Christina Wolf	Christina Wolf	971-303- 2949		christinaewolf@gmail.com	4226 SW Washington Place Milwaukie, OR 97222

TASC TEAM
(Training Advisory Steering Committee)



www.SDRI-pdx.org/CO-OP or

http://www.SDRI-pdx.org/CO-OP/classes-and-training/region-1-dd-training-CO-OP-information/host-kit-information

Frequently Asked Questions (FAQ):

What do I do if I have a problem sticking to our assignment in the Annual Plan? Please do NOT try to make changes to the Annual Plan yourself! Contact the coop "E-Mail Keeper" if you are having trouble setting up to host your class in the target month, or far enough ahead, or the instructor isn't available. They may be able to help get the class planned and publicized or make other suggestions. Some changes are inevitable, but communication with the TASC team helps if you must plan a new date or target month. If you need to make a full trade with another CO-OP member, please follow instructions below 3+ MONTHS AHEAD! If a class must be delayed for a fixed amount of time, notify "E-Mail Keeper" to send out postponement notice.

**One of the students registered and paid in advance but later asked for a refund. What do I do?** Refunds are the decision of each host but the CO-OP's TASC recommends members only refunding for situations that are the fault of the host or the instructor or for registration cancellations made at least 10 working days prior to the class, or if the class is canceled, of course. Please do <u>not</u> provide refunds for those who are a "no show" for any class!

- What should I do about walk-ins and latecomers? Whether to let IN latecomers or unregistered students into the class is up to the Host. Anyone should bring payment in with them. Sometimes students are sent by agencies but payment is slow or there is a mix-up. If there is room in the class we suggest holding the certificate(s) until payment is received. Substantially late arrivals, if admitted, should get their class certificates modified to the closest 1/2 hour of actual class attendance time.
- **Who can get in to classes without paying?** The hosting agency's own staff members need not pay but their participation in the class should be counted as if they did for calculation of meeting expenses. TASC committee members should be admitted free when their purpose is to monitor the quality of classes and help promote or answer any questions about the Training CO-OP, unless it is a direct financial hardship for the Host agency,
- Why doesn't the Annual Plan have specific dates of classes for the year? The Annual Plan is just that, a <u>plan</u>. The planners do not know the availability of each instructor and each agency when the Plan is formulated. By setting a target month for classes held, we prevent: overlap of classes, bunching of similar classes, long gaps between basic classes, overloading too many classes in 1 month, and direct schedule conflicts. Our goals include offering a variety of medical, behavioral, psychiatric, clinical, related disciplines and experiential topics throughout the year. This approach gives people a reasonable level of access to multiple topic areas throughout the year, especially useful in the high turnover environment of this field.
- *Why isn't there a single place to register, such as on-line?* The CO-OP operates without ANY budget and on 100% in-kind donations of members' time; each class is self-supporting. The website is donated by Self Determination Resources Inc (SDRI) as a public service in support of the CO-OP. Centralized registration is ideal, but not achievable without significant funding. There is no paid administration, only the volunteer members of the Training Advisory Steering Committee (TASC).
- Why is there a single "E-Mail Keeper" sending out all of the class flyers rather than individual members sending out their own? It's difficult and time consuming for different people to track multiple changing membership and E-Mail addresses. A single "E-Mail Keeper" eases the load for individual agency CO-OP members. The single "E-Mail Keeper" maintains an updated list. It also helps make flyer formats more consistent and unintended schedule conflicts more easily detected. The website is another mechanism for publicizing classes, but is a secondary source only due to some delay in posting.

## What if I can't meet my Hosting Responsibility or must make a trade?

- \* Decide 3-4 months ahead of class assigned or <u>immediately</u> upon receiving reminder E-Mail about hosting a class whether you can host as assigned.
- \* If unable to host an assigned class, seek a straight-across trade with another CO-OP Member. Notify "Host Kit Keeper" of change. Get suggestions from the TASC team about agencies to contact for least disruption to the Annual Plan's topics and assignments.
- \* If unable to find a suitable trade, send an E-Mail to the "E-Mail Keeper" explaining <u>why</u> you are unable to host and requesting a CO-OP Member agency to voluntarily host the class. The "E-Mail Keeper" will notify the CO-OP Members.

- \* If no volunteer is identified, send an E-Mail explaining that the class will be cancelled to the "E-Mail Keeper" for distribution. Then create a plan to meet future hosting commitments or notify the TASC that your agency will withdraw from the Region I Training CO-OP. Please make an effort to fulfill your commitment to the CO-OP; we rely on your support.
- Who do I contact to change or update some information about my agency's designated CO-OP Contact, E-Mail address, phone number, mailing address? For E-Mail address changes contact the "E-Mail Keeper". For changes to course titles, training sites, instructor info, etc., notify the "Host Kit Keeper."
- **Someone lost a training certificate. How can it be replaced?** A charge of \$5 per certificate replacement will be charged, if it is available. To request a replacement certificate, call or E-Mail the agency who hosted the class or the CO-OP's "Paper Keeper". The "Paper Keeper" can only replace certificates for classes for which rosters were received. The \$5 payments go to the agency that provides the replacement certificate. A confirmation letter documenting attendance may substitute for a copy of the original. Certificates will not be sent until payment is received and attendance is confirmed. The CO-OP does NOT keep a master list of classes completed (this is beyond the labor available) but does keep basic records of classes.
- **Can I register for classes online?** No, not at this time, but it is possible to download flyers and registration forms. Go to <u>www.SDRI-pdx.org/CO-OP</u> and on the left hand side you will see "Region I DD Training CO-OP links. Classes are available under the "Training Information" link. The "Class Schedule" can be reviewed by scrolling down or by selecting a month in the year. Flyers and Registration can be accessed from each class listing. Website listings are typically posted a week after the "E-Mail Keeper" sends out the announcement and flyers for each class.

*Who do I contact for other questions about the Training CO-OP?* Call or E-Mail any TASC member for more information. The TASC has divided up additional responsibilities as follows:

Host Kit Keeper: Joanne O'Connell, Multnomah County 503-988-6387 Joanne.oconnell@multco.us

Website Keeper: Michael Gmirkin, SDRI, 503-292-7142 michael@sdri-pdx.org E-Mail Keeper: Irene Lee, Multnomah County, 503-988-6396 Irene.Lee@multco.us

Paper Keeper: Joanne O'Connell, Multnomah County 503-988-6387 421 SW Oak St, Ste 640, Portland, OR 97204 joanne.oconnell@multco.us

#### **OIS Hosting Suggestions & Requirements, including \$\$\$ issues:**

**Hosting OIS** does involve a possible financial risk for CO-OP members if there is a maximum number of students allowable in a class, and the instructor fees are substantial. The suggestions below may help minimize this risk to your organization.

- Only a select few OIS trainers have appropriate certification (official approval) to do OIS training outside their own agency. These are **OIS Independent Trainers**. Requests for a current list of OIS Independent Trainers:
  - ✓ Go to http://www.asioregon.org/oregon-intervention-system/community-supports/and scroll down to the different lists of OIS Instructors, choose 'OIS-Independent-Instructors'
  - ✓ contact ASI Data Coordinator, Amy Tona at (503) 941-5256 x136.
- The maximum number of students 1 OIS Instructor can certify is <u>12</u>. Current maximum allowed fee (2017) is \$1,080 **plus expenses** per workshop for 12 students. OIS Instructors are charging between \$90- \$105/student, depending on other expenses.
- If an OIS Instructor uses a co-trainer they can reasonably increase the number of class participants to 18.
   Occasionally, an Instructor may find another Instructor in need of a co-train (a certification requirement), or if your OIS Instructor is a Mentor, they can bring in a candidate to co-train & assist with a larger class.
- The fee the OIS Instructor quotes you may include handouts, evaluations & certificates, as well as snacks. Do ask the Instructor what they are providing. You may be able to negotiate the fee if you provide the photocopying and snacks.
- Doubling fees for non-CO-OP Members is not allowed for OIS.
- A room must be reserved for 2 full days, hold up to 24 people (includes trainer, possible observers) with space for the physical practice. It will also require Power Point/LCD projector and wireless access.

When setting registration fees, set a minimum number of attendees based on calculated costs. OIS usually fills quickly if well advertised (with plenty of time ahead). In the event you do not reach a minimum of attendees please contact the "E-Mail Keeper" to request an extra reminder notice. If still not enough registrants you can cancel the class.

No CO-OP member should have to absorb large financial losses for hosting CO-OP classes! Each class should be selfsupporting except for the donation of labor to coordinate/host. Any extra funds collected can remain with the hosting agency with intent to utilize funds for their own staff to attend other CO-OP classes.